



# Y's Alliance

Y Service Clubs International - US Area

September/October, 2011

Vol. 37, No. 2



## A MESSAGE FROM THE AREA PRESIDENT

Welcome to the busiest time of year for Y Service Clubs! We are working projects, holding conventions, hosting a Brotherhood visitor from Brazil, getting ready for the holidays, and looking at our opportunities.

My husband **PETE** and I just returned from two great conventions: The South Atlantic convention held in Concord, North Carolina, and the joint Mid America/Mid East convention held in Muskegon, Michigan. At each convention, I spoke about the abundance of opportunities in favorable directions we have and the necessity for enthusiasm to be able to take advantage of them. We are an enthusiastic and cheerful group. Good cheer attracts new friends and new life. We are moving away from a 1980's mindset towards 2022, our 100th anniversary.

We have about 30,000 members in 72 countries and 40 Regions. I wish I could give you our current US Area membership statistics. Most Regions have reported, but there are some laggards. This should not happen. Please make reporting membership/paying dues according to due dates a priority. This should not be a "the treasurer is on vacation" situation. And we love to know who you are, who the current club president is, and what your accurate email is. We are moving to a time when I can get information out to everyone quickly without having you wait while news filters through several layers of people. Correct rosters is an easy fix when we make it a priority.

Your club can make a difference by voting in the upcoming International and US Area elections. Some members say, "Why bother?" I say we bother because we can make a bigger positive helping effect by working together instead of just acting as one small club. We are connected globally in a multitude of ways in a 24/7 manner and we must support each other in doing good across the globe.

Internationally, we are electing an International President and an International Treasurer. Nationally, we are electing a US Area President and confirming our Corporate Secretary. If your club has 4 - 14 members, make haste to get an Exemption form from your Region Director so your vote will count. Snail mail that ballot to IHQ at least two weeks before it is due because the mail is slow....98 cents postage. It's easy and the club presidents are the ones responsible...so encourage them.

We are looking forward to our RDE training in Minneapolis in November. Our RDs are the leaders of the US Area. We want them enthusiastic and strong. If you are asked to serve on a Region Board, look on it as a special opportunity to serve.

If you have questions or comments, I welcome your input. The executive board has a mid-year meeting in January and many ideas are brought forward there. You can reach me by email, [hmaphil02@aol.com](mailto:hmaphil02@aol.com). Let's move forward with enthusiasm.

**MARY ANN PHILLIPS**, US Area President

[hmaphil02@aol.com](mailto:hmaphil02@aol.com)



## BROTHERHOOD FUND

### Definition

The Brotherhood Fund is a service project of Y's Men International to promote world fellowship between its clubs, members, and YMCA's throughout the world by providing grants for travel in the interest of the Y's Men movement'

### Purpose

The purpose of the Brotherhood Fund is to pay all or part of travel and related costs of selected delegates who attend conventions or make inter-regional visitations.

### History of Brotherhood Fund

The Brotherhood Fund was established in 1931 at the International Convention in Cleveland, Ohio. There was a small profit made at the convention and it was decided to establish a fund to assist overseas delegates to attend International Conventions which at the time were only held on the North American continent. The fund was named "The Bishop's Fund" in the beginning.

In 1933, the Quincy, Massachusetts Club started the project of selling canceled postage stamps to raise money for the Bishop's Fund. In 1946, several Regions raised money to bring specific leaders to conventions and to visit Clubs. By 1950, monetary contributions for travel were also turned over to the Bishop's Fund and the Fund started to grow. In the same year, a new system for the service project was established. This new project system included Regional, Area and International Service Directors; and point values were devised for an international contest to determine which Clubs and Regions were contributing the greatest number of stamps and money. Awards which recognized outstanding contributions were established.

In 1969, the name was changed to the Brotherhood Fund. The Brotherhood Fund administration now includes Regional, Area, and International Service Directors; a Brotherhood Fund Expenditures Committee; Area Brotherhood Fund Philatelists; and International and Area Brotherhood Fund Travel Coordinators.

### Distribution of Funds

Contributions which presently have grown to approximately \$200,000 per year are distributed as follows:

International BF Leaders	Travel and Administration	5-10%
International leaders	Travel and Administration	10-15%
BF Delegates	Travel (Full or Partial Grants)	40-50%
Area Discretionary Funds	Travel at Area Level	20-30%
Other Travel and Assistance	YEEP and Youth Work	5-10%
Refunds to Region	Regional Travel and Training	3-8%

Generally about 15% of the contributions to the BF are the results of sales of canceled stamps. The processing of

stamps not only generates income for The Brotherhood Fund, but also builds fellowship in the Club. For additional information, contact your Regional Service Director

### Brotherhood Fund Grants:

#### BF Delegate Plan 2012/2013:

BF 12/13-19	Date:	October 2012	Into Area/Region
From	Purpose:	Club visits and others	
USA	Arr:	Narita, Tokyo, Japan	Asia
	Dep:	Manila, Philippines	

BF 12/13 -20	Date:	September- October 2012	Into Area/Region
From	Purpose:	Club visits and Regional	
USA	Conference	South Pacific	
	Arr:	Sydney	
	Dep:	Adelaide	

BF 12/13-21	Date:	April-May 2013	Into Area/Region
From	Purpose:	Club visits & Conventions	
USA	Arr:	Copenhagen or Billund	Europe/Region Denmark
	Dep;	Copenhagen or Billund	

In addition, there will be 2 partial grants for travel to the International Convention

### Qualifications for a Brotherhood Fund Grant

Any Y's man/woman in good standing whose Home Club is fully up to date with its dues to International for the preceding semester and whose home club has contributed at least \$5.00 per member (with a minimum total amount of \$75.00 for each Club) to the Brotherhood Fund during the preceding year is qualified for a Brotherhood Fund Grant.

### How to Apply for a Brotherhood Fund Grant

Applications for 12/13 must be made on a BF-2 form prior to November 1, 2011. Copies of the required BF-2 form can be obtained from your Regional Director or from the internet as follows:

Enter in web search "ysmen.org"

Click on "Home Page"

Click on "Downloads"

Click on "Miscellaneous Forms" (If you want the form in "Word" click on Form followed by "(doc)")

Be sure to read the form for "Important Information for Brotherhood Fund Applicants"

### Awards

The Brotherhood Fund has six International awards and one Area award. In addition, most Regions have several awards.

### International Awards

*Director's Award* – This award is given to the Region with the largest average total contribution per Club, based on the number of Clubs at the last October 1 reporting date. Each Club in the Region receives a banner patch.

*Top Ten Award* – This award is a banner patch given to the Top Ten Clubs in International who contributed the most in total monetary contributions.

*Ernie Bell Award* – This award was named after **ERNEST V. BELL** who served as International Director of Philately from 1941 to 1964. Ernie is acknowledged as the founder of the Brotherhood Fund. This award is given to the ten Clubs with the highest cash contributed from the sale of stamps as determined by the Area Philatelist.

*Al Jacques Award* – This award was named after **AL JACQUES** of the Downey Club in recognition of his efforts in behalf of the BF. Al served as Regional Service Director, Area Service Director, and International Service Director of the BF from 1981 to 1992. The award is a banner patch given to Clubs with a minimum total contribution of \$2,500 per fiscal year.

*Dick Nichols Award* – This award was established in 1957 and was named after **DICK NICHOLS** who was a very active member of the Pacific Southwest Region. A banner patch is given to each Club in the region with the highest increase in total contributions over the previous year.

*Alf Reynolds Award* – This award was named after **ALF REYNOLDS**, an active and dedicated member of the Sidney, Nova Scotia Club who served as District Governor, Regional Director, and Chairman of the International Finance Committee. The Alf Reynolds award is a banner patch given to Clubs reaching a minimum dollar contribution level. Five different patches (\$5, \$10, \$25, \$50, and \$100) are awarded based on the average contribution per member and with total minimum contribution of \$75 per Club. Club membership is based on the last October 1 roster.

### U S Area Awards

**AL JONGEWAARD Memorial Award** – Al's contributions to the BF are without parallel. He served as Pacific Southwest Regional BF Service Director for many years, International Service Director for Philately from 1966 to 1971, U S Area Philatelist from 1973 to 1993, and was Pacific Southwest Regional Director in 1976-1977. The award is a memorial trophy presented to the U S Area Region with the highest average increase in total contributions to the BF over the previous year. Each Club in the Region receives a banner patch.

#### *Pacific Southwest Region Awards:*

*Old Oaken Bucket Award* – The Club contributing the most money (stamps and money) in the PSWR receives this award.

*Chub Bradley Banner* – This award was named in honor of **CHUB BRADLEY** who was a member of the Palomar Club, a Y's Men for 53 years, and devoted many of his years to the Brotherhood Fund. This banner goes to the Club turning in the most number of stamps each year.

J.R. HOLDEMAN, ASD, Brotherhood Fund Promotion  
[j.r.holdeman@prodigy.net](mailto:j.r.holdeman@prodigy.net)

## LEADERSHIP TRAINING AND ORGANIZATIONAL DEVELOPMENT

I have just returned from an unforgettable trip to South Korea where our International LTOD team met to discuss how best could we assist in the development of our leadership. We had two intense days of reviewing our educational materials and exchanging ideas with the ASDs for LTOD from the 9 areas of Y'sdom. In our discussions it became clear that we have some areas of the world where we are facing serious problems in recruiting new members and organizing new clubs and in others, Y'sdom is flourishing with many new y's men and women joining our movement and bringing in fresh input and vitality. Take South Korea, for instance, which grew so much that it was necessary to form

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The next deadline for copy will be November 30th with publication date December 16th in time for publication of holiday greetings for [Dollars for Scholarship](#) donations.

Copy and pictures are welcome from RDs, RSDs, Club Correspondents by snail mail and email attachments. Questions, call Fred.

a new area in Y'sdom to accommodate this growth. What an experience it was, to see Y's men and women, young and old, working together with such excitement and pride to show the world what a great organization we are. Their first area convention was held immediately after our training, with over 1,000 in attendance, and I was so fortunate to participate of such an invigorating meeting. What is their secret, I asked myself? And, I tell you, they are not embarrassed, afraid or ashamed of telling the world what a great movement they belong to. There were banners all over the city of Yeosu, where the convention was being held, articles in the papers and most of all, people who are proud to volunteer their services to our organization and bold enough to make it known.

I am sad to say that in our US Area we fit in the first group. Why, I ask myself, should the birthplace of Y'sdom, be in such trouble? Our website is full of great materials to be used by anyone, member and/or leaders, which can help in the recruitment of new membership. Practically all the manuals and information about anything you want to know regarding Y's Men is spelled out on the internet.

I hear from so many of our clubs that we are no longer a relevant organization, that our name is not conducive to getting people interested, that we are too old to work and/or recruit the young, etc., etc. I want to tell you that this is all NONSENSE. When we firmly believe in something, we know that it's of real value, and we have the right tools at our fingertips, we should be able to enthuse others about it. What is lacking is ENTHUSIASM. And yet, when we join, accept an office and take an oath, we pledge to be ENTHUSIASTICALLY ACTIVE. Only when you have enthusiasm within you can you impart it to others.

Therefore, I urge you to review our purpose, to take a look at our website, to ask for assistance if you think you are not sufficiently equipped to do the training of your members and officers alone, in short, to do what our International President, **FINN PEDERSON**, is asking us to do: "Dare to Do"!!

Please, don't be shy to ask for help. That's what I am here for. I will be glad to come to your Regional Conventions or to set up a meeting with your club or district for the specific purpose of conducting a leadership training. All you have to do is ask and find a date and place for it. Training and education regarding Y's dom is not just my job, it's the job of every y's men and women. Let's get busy and get the show on the road.

I am very thankful that I was given the opportunity to attend the LTOD leadership training, to get to know my counterparts in the other areas of the world and to observe how a new Area in Y'sdom works. It allowed me to come back better equipped and with great enthusiasm to try to turn around the trend of decline we have seen in our US Area. I believe that our organization is one of the most relevant

and unique among so many other service organizations and we need to find the way to get this message across to our own local Y's men, women, clubs, and to our communities. I am ready for the challenge and to "Dare to Do" what is necessary to make it happen. Will you join me, PLEASE!

**ARIANI A. G. FRIEDL**, US Area ASD for LTOD  
[arianifriedl@hotmail.com](mailto:arianifriedl@hotmail.com)

## Membership – A Lesson from the Past

There is a success story when looking back at some successful Y's Men's Clubs. Look at the first club when Paul William Alexander started a club in Toledo, Ohio. It was a noon club with other business people who got together to discuss how they could help the YMCA. While there is limited knowledge on who the club members were and what their occupation was at that time, it is clear that they were business persons who worked in the downtown area and may have held higher level positions in their business field. They may not have had very many common interests besides their community and the YMCA. It is assumed that each was successful in their own type of business and their homes may have been scattered across the metro area.



We have seen other clubs in a number of metro areas across the United States being very successful when meeting at noon. These clubs may have existed for 60 to 70 years with memberships of 70 to 80 members. Again, many times the clubs included members with varied backgrounds and who held influential positions in the communities. Often companies want their employees to be active in the community and want the employees to represent the company in organizations like the YMCA. This can also be mutually beneficial for the company as well in developing relationships.

Depending on where you live or work, you may be in a position to bring persons into your club or to locate a common place to draw these types of prospective members. Individuals may have more time to attend a noon lunch rather than designate evening times which could conflict with family activities.

Membership is everyone's responsibility! Look at variations in the community as to where that interest can be developed. Noontimes with shorter meetings may provide an alternative that has not been adequately evaluated. It may require moving the club to a different location or even to a different time such as the noon hour to accommodate prospective individuals. Your serious attention to a radical change could provide a totally new enthusiasm. Remember you have to seek and ask - - and - - seek and ask again!

**ARLO PANNKUK**, Membership  
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## ALEXANDER SCHOLARSHIP FUND AND DOLLARS FOR SCHOLARS

Why support ASF and DFS?

ASF is the acronym for the Alexander Scholarship Fund. It is a scholarship fund supported by US Area Y's Men to assist eligible undergraduate college students who will seek a professional career with the YMCA. Eligibility includes enrollment in an accredited college or university with a YMCA leadership program, family members of Y's Men in good standing, or are sponsored by a Y's Men Club or YMCA. Ten dollars per Y's Men per year is the goal of each RSD/ASF to be raised in their respective Regions.

DFS is the acronym for Dollars for Scholars, and is a grant program available to only YMCA professionals and their staff. DFS is also supported by US Area Y's Men, and has a \$500 maximum per person per year. Ten dollars per Y's Men per year is also the goal of each RSD/ASF to be raised in their respective Regions.

ASPF is the acronym for the Alexander Scholarship Perpetual Fund, the endowment fund for the ASF.

All ASF, DFS, and ASPF moneys are held in bank accounts separate from all other US Area Y's Men International bank accounts. The money is in the custody of the ASF treasurer, who is not the same person as the US Area treasurer. ASF bank accounts are set up under the name "Y's Men International-ASF", and that is who all ASF program checks are to be issued to. The checks memo line is where to enter which of the three programs the check is supporting; ASF, DFS, or ASPF. So it is important for all checks be written out to "Y's Men International-ASF", otherwise the bank won't accept them.

DFS contributions are currently being requested of you. A \$10.00 contribution to DFS will get you recognized in the December issue of the Y's Alliance's Christmas Greetings List. \$10.00 will buy one line that can be either a person's name, family name or Club name. Having this opportunity to be recognized and setting a goal has been successful at increasing DFS support. Fifteen DGS grants totaling \$5,313 have been awarded so far since April, 2011, and \$3,563 remains available to grant in this 2011/12 Y's Men year.

In the past, sometimes names have not been published in the Y's Alliance that should have. This has not occurred in recent years because just one list of names per Region is accepted and submitted electronically by e-mailed to the ASD/ASF at [kidcurrie@adelphia.net](mailto:kidcurrie@adelphia.net). It is the responsibility of your RSD/ASF to coordinate this effort. Names can not be accepted individually. Names must come from your RSD/ASF. The deadline for RSD/ASF to e-mail your Regions list of names is November 30th.

We have a website, [www.ysmenusa.com/asf1.htm](http://www.ysmenusa.com/asf1.htm), where one can learn about the ASF, DFS and ASPF programs, and links to print the ASF and DFS applications.

I appreciate your support of ASF, DFS and ASPF, and the opportunity to continue serving as your ASD/ASF.

DEAN CURRIE, ASD - Alexander Scholarship Fund  
[kidcurrie@adelphia.net](mailto:kidcurrie@adelphia.net)



**DANIELLE KRZEMIEN**, pictured here in the middle is an ASF recipient and in her second year at Springfield College in MA, enrolled in their YMCA leadership program.

To: [kidcurrie@adelphia.net](mailto:kidcurrie@adelphia.net)  
Subject: RE: your ASF renewal application

First of all I wanted to start off by saying thank you so very much for your help in paying for the rising cost of a college education! You can be sure that I am sincerely grateful for all that you have been able to give me.

My first year at Springfield College was a complete roller coaster! Nobody could have prepared me for the adventure that college brought to my life last year. To be completely honest, I absolutely hated college my first semester. While I was growing up I never had to try and make friends or put forth an effort, it naturally just happened so when I had to put in effort I found myself failing miserably. I was in clubs and activities but I wasn't completely involved in them. But the most trying thing of all is the groups that had an application process to be involved in, I applied for, and was denied for every single position. I felt like an outcast, like the reject of Springfield College where if you're not involved you don't really belong. I went home for winter break unsure of whether I wanted to come back in January or not. I took a lot of time to think over winter break and to talk to my friends who were former graduates of Springfield, they assured me to keep on going and push through the hard times, they encouraged me to make my failure a positive event, and so I did. The beginning of the Spring semester was rocky but as the time passed I found that I felt more and more comfortable. I went from being "in" clubs and activities to being "involved" in clubs and activities, I went from only having a few people that I was close with to having an enormous group of friends and a phenomenal support system, but most of all I felt like Springfield College had become my home and the Springfield College community had become my family.

As for my career goals, I came to Springfield College because it was originally the YMCA Training School. This college was founded for the sole purpose of training Sun-

day School Workers and YMCA General Secretaries to do well and succeed at their careers. I went into college knowing what I wanted to do with my life, my major, my minor, and my goals. I went into school with a declared major in Youth Development and a YMCA Professional Studies minor. My ultimate goal was to become a YMCA Professional. Throughout the year I have managed to add a major and a masters program and I have more clearly defined my goals after graduation (which seems so far away). I am currently a double major in Youth Development and Rehabilitation and Disability Studies with a pediatric focus, my masters program is social work, and when I graduate I hope to become a Program Director at a YMCA facility or a Residential YMCA Camp Program Director.

Recently, Springfield College and the surrounding area of Springfield, Massachusetts, where my college is located was hit by tornadoes and was completely devastated. Luckily nobody on campus was injured but there were four lives lost in total, many injured, and the community was devastated by destruction of homes, greenery, buildings, etc. I was not aware of the tornadoes at first but found out quickly after and I was at a complete loss of words. People around me didn't realize how personally this affected me. Springfield College and the city of Springfield are my home. It is my community and I take great pride in it no matter what other people may say or think about it. The absolutely AMAZING relief efforts brought out by students shows just how much we care about our school and the surrounding communities too. The day after the tornadoes and for days to follow students poured into the school to team up with relief efforts. The American Red Cross wouldn't let us help them in volunteer efforts so we took it upon ourselves to make a difference. In the mornings the student volunteers spent time on campus cleaning up the debris that remained and making campus look new again to get ready for Alumni weekend and Summer Orientation for the incoming first year class and then, in the afternoons the students put together peanut butter and jelly sandwiches and bottled water, grabbed some sports equipment and went out into the community to boost moral. They played games with the kids and gave their parents a break, they talked to members of the community and gave them an outlet for support, and they provided food, water, and clothes to those who needed it. As they were in the community they realized that instead of people looking at this as a negative disaster people are looking at this from a completely positive standpoint. This was a chance to rebuild and start new and this was how Springfield College students felt too. They truly exemplified our humanics philosophy full fold. It was at that time that I realized how proud I was to be apart of a community that is so unique. Springfield College is my home and I am proud to be a student here.

Thank you for all of the opportunities you have been able to afford to me through your contribution and investment

into my education. You really have no idea what it means to me. As I write this email I am sitting in the College's Campus Union because I came back to visit for the week. I couldn't help but share with you how I felt as I was making the long six hour trek here yesterday. I felt as if I was coming home to where I truly belong and fit in. It was an overwhelming feeling of bliss and happiness and excited nervousness to see everyone who is here for the summer. It was perfect.

With sincere thanks;

#### DANIELLE KRZEMIEN

Springfield College Class of 2014 - Youth Development Rehabilitation and Disability Studies

#### THANK YOU FROM DFS RECIPIENT

Dear Mr. Currie, July, 2011  
 Thank you so much for awarding me the Dollars for Scholars Program. I have been wanting to attend Principles and Practices for a few years now and have not had the financial means to go. I am excited to further develop my education at the Y and truly appreciate the support of the Y's Men!

Jamie Sieker  
 Southwest Valley Area



#### HAWAII REGION REPORT

The Hawaii Region has once again adopted Roll Back Malaria as a regional project and plans to raise \$5 per member for each of the next four years for this worthy cause of Y Service Clubs International.

The region voted at its Mid-Year Cabinet Meeting in Waikiki in mid-September to try to do its part in meeting the International's goal of 500,000 Swiss Francs by 2015. Hawaii has about 140 members in its nine clubs, so \$5 per member would come to about \$700 per year and a \$2,800 total by 2015.

Hawaii Regional Director Russ Lynch told the meeting of the impact the Y Service Clubs are already having in Sierra Leone, where malaria kills many children.

In setting its goal to help, Hawaii decided not to assess

clubs in a formal way but to make the goal clear. Hawaii clubs have always met or exceeded such voluntary goals in the past.

Hawaii is also finalizing its plans for its 2012 Regional Convention in Las Vegas. The meetings will be on May 4 and 5 at the California Hotel and the Main Street Hotel but most Hawaii participants are taking a five-night hotel package so they'll have time to take in the sights and enjoy Las Vegas activities in the days on either side of the convention.

Y's Men and Women from other regions are welcome to visit Hawaii's 76th annual convention.

Aloha,

**RUSS LYNCH**, Hawaii Regional Director  
[russlynch@mac.com](mailto:russlynch@mac.com)

## PACIFIC CENTRAL REGION REPORT

In my region is a Central Ys Menettes club that is active in their support of the Y's Men International projects and funds the Clovis Fresno Y Men's Club. They assisted the Clovis Fresno Club with their football tournament in September, and they will join them for Christmas Caroling in December.



In November, they will be having a rummage sale to raise money for projects at the Y Camp at Lake Sequoia.

Four clubs have added new members to their roster.

We had a region board meeting September 24 with positive reports by RSD's on International projects.

**BUCK COX**, Pacific Central RD  
[buckacox@yahoo.com](mailto:buckacox@yahoo.com)

## PACIFIC NORTHWEST REGION REPORT



Greetings from the great Pacific Northwest. I failed to submit an article for the last issue of the Alliance, (where does the time go?) so will briefly recap our Regional activity for the past six months. Our annual Board Meeting was held in Seattle this past April, hosted by the **MEREDITH MATTHEWS** East Madison-Seattle Y Service Club. Here

we discussed such things as the change in the fiscal year and the timing of dues payments; changing of name to coincide with the pending International change, as well as reports from our clubs and a report on our BF Delegate visit by **DR. CHENDJOU**. His visit was viewed as a positive experience by all clubs in the Region. The Board Meeting

was followed by a training session.

In June our Regional Convention was hosted by the Yakima Y Service Club. At the business meeting portion of the convention, we elected officers for the upcoming year. The membership approved the adoption of the Roll Back Malaria program as our Regional project for the coming year. The membership also approved a motion to adopt the same fiscal year as International and to change our name to Y Service Clubs International as the US Area has done.

In July I had the great honor of joining my colleagues from around the Country at the US Area Council Meeting and convention in St.Louis, Missouri. Our thanks go out to the St.Louis clubs who are always gracious hosts, as well as thanks to the staff of the beautifully restored Missouri Athletic Club who provided their facility. A special thanks to **BOB DANIELS** who transported us to and from the airport.

In August and September our two districts held their conferences. These meetings provide an opportunity for those who were unable to attend the convention to get together, discuss the activities of the district, review the Regional calendar, and receive some training.

We are still challenged by membership/extension but actively engaged in that endeavor.

**LEE A. WOODARD**, RD PNWR  
[woodardins@yahoo.com](mailto:woodardins@yahoo.com)



## MID AMERICA REPORT

On October 8, the Joint Mid America & Mid East Regional Convention was held in Muskegon, Michigan. It was a huge success with roughly 50 people attending. Special thanks to **JOHN CARRUTHERS** (RDE) and

**GEORGE MICHKA** (RD) for their hard work putting this convention together. Shortly after opening ceremonies, **ED REDLINE** gave a wonderful presentation about Time of Fast (TOF). This program in my opinion is our most worthy project. Ed gave details about how skipping a meal and donating to TOF channels funds to provide basic needs such as clean water to impoverished areas. One club, Grand Rapids Y Service Club, raised \$3000.00 for TOF in one year. I challenge your club to sponsor an event (such as a dinner serving only soup) to raise funds for TOF.

**DR. BURRILL COLBURN**, who has been Y's Men for more than 50 years, gave a presentation about Brotherhood Fund (BF) and how this fund promotes cross-cultural understanding. We are still accepting applications for three different BF Grants (Japan, Australia and Denmark). Please contact me if you are interested.

**HAL HERMANSON** gave a third presentation on community involvement with a reminder that clubs should publicize their service projects in order to make themselves more visible in the community.

**MARY ANN PHILLIPS**, our Area President, was our keynote speaker shortly before the lunch break. She a very motivating presentation about how clubs need to attract younger members and be open to change suggested by newer members.

After the lunch break, **FRED LEONARD** and **ARIANI FRIEDL** provided training on how to use a PowerPoint presentation to promote Y Service Clubs.

Shortly after the regional convention, a Mid America board meeting was held and I want to bring you up to speed on a few items.

**MCKINLEY JOHNSON** passed out meeting minutes from the July board meeting. **BOB DANIELS** gave a treasurer's report and the proposed 2012 budget. **RICHARD KEETHERS**, RDE & chair of the nominating committee, reported that **CHARLEY REDMOND** agreed to be Regional Director after Richard finishes his term.

**CHARLEY REDMOND**, chair of the constitution review committee, provided an update on the committee's progress and this process is on going.

A long discussion was held about an incoming BF delegate from Brazil. We are expecting this BF delegate to be in the Chicago and St. Louis area in late October and early November. In conclusion, I encourage you to contact me (see below) with any concerns about the Mid West Region.

**HANY M GIRGIS** - RD, MAR  
hanymgirgis@yahoo.com



## CARONDELET Y SERVICE CLUB

*A message from Kenya--*

*"First, receive much greetings, am FRED-*

**RIC KIMEU**, i am fine i hope you are also fine in Jesus name.

*The aim of writing this letter to you is just to appreciate you for making me able to go ahead with me to continue with my education. I am grateful even i don't know what i can tell you i just pray God to continue remembering you and bless you. I am 11 year old and am in class five at Kilmani primary school am performing well in my class. I promise you i will do well in my education.*



*Thanks you for supporting me."*

Members of the Carondelet Y Service Club received this

note by e-mail from its "adoptee" Fredric a few weeks ago. The text is as he sent it to us. Fredric became part of our club program about a year ago through our member Rev. **JOSEPH OGANDA** who introduced a special project to us last year called Distant Adoption.

Fr. Joseph began this project after ordination in cooperation with colleagues with whom he had lived and worked in the Kibera neighborhood of Nairobi, Kenya. He completed his training as a Roman Catholic priest at the invitation of the Bishop of the Belleville diocese (in Illinois just south-east of St. Louis) where Fr. Joseph is now serving.

Kibera is home to 2 ½ million persons living in extreme poverty. Distant Adoption seeks individuals and groups willing to commit funds and personal interest in the education of children, many of them orphans from families afflicted with AIDS. They live with other families in Kibera willing to guide them and include them in their family life. Fredric is only one of several other children whose progress Fr. Joseph monitors. He communicates regularly with the family contacts by e-mail and safely sends the funds for books, clothing, and some food allowance for the family as requested. The aim is to provide a stable environment and a basic education for the children.

Along with the funds, our club has made the commitment to communicate with Fredric to encourage him and to assure him we are interested in him personally. We hope to include photos to let him know who we are beyond a name of a group in another place. We have included his photo here for you to meet our "adoptee" Fredric Kimeu.

By **RACHELLE REEG**, Carondelet Y Service Club

## SOUTH ROWAN Y SERVICE CLUB REPORT

The South Rowan Y Service Club had another successful year helping our YMCA, community groups, and individuals by partnering and serving others as a Christian based group of fine men and women who dedicate themselves to our mission.

As to fund raising, our main fund-raiser is our Farmer's Day Car Raffle held this past July in China Grove where we raffle off a new Ford Focus or \$12,000 in cash depending on the winner's choice from 200 tickets sold. Other winners win \$150 each as to a random drawing. We also sell barbecue, beverages, and desserts at this same event. We partner with the YMCA Board of Managers and the China Grove Civitan Club to sell these tickets and divide the proceeds after we pay for the car.

Another fund-raiser is selling concessions in January at the YMCA Basketball Extravaganza.

As to our YMCA, we have paid a \$7500 pledge against the **FRANK TADLOCK** Splash Park, paid \$2500 against

our Invest In Youth campaign, and supporting the YMCA with the Basketball Extravaganza. We are fortunate to have 3 YMCA staff in our club. We also help sponsor the YMCA 5K Run.

In our community, we donate \$50 to worthy organizations/individuals in need. We also delivered meals this past March for Meals on Wheels covering all 7 routes in our area. We also participate in the Rowan Literacy Council's Scrabble Scramble contest and sponsor a table and have been the winner for the past 5 out of 6 years. We also give to the Rowan Bible Teaching Associations at two high schools, provide a \$1000 scholarship to a high school senior, donate money and food to the Main Street Mission, Rowan Helping Ministries, local school projects, and Junior Achievement.

On the International level, we donate to the International programs, vote in elections, and help promote International with programs. We are using the YMCA web site to help promote our club's activities.

On the Regional level, we are providing leadership positions on the Regional Board as well as attending the Regional Conventions.

We are fortunate to join the 2 Kannapolis clubs as guests of the Mott Club for a cook out and ball game this past summer.

We also have great programs each month, and have a very nice, inspirational Christmas social.

We are proud of our membership as to who they are and what they do -20 strong now and growing as we just added 3 new members.

**TERRY BRADLEY**, Club President

## BURBANK SERVICE CLUB

HOSTS BURBANK FIRE SERVICE DAY - YMCA PANCAKE BREAKFAST

The Burbank YMCA Service Club hosted their Sixth Annual Fire Service Day YMCA Pancake Breakfast on Saturday, May 14, 2011 at Burbank Fire Headquarters. This event kicked off@ Burbank Fire Service Day with a community breakfast beginning at 7:00 a.m. and for the next three hours served approximately 800 participants.

Volunteers estimated that they flipped over 2,800 pancakes and browned 1,280 tasty sausages. The partnership with Smart & Final Charitable Foundation, Gavina Gourmet Coffee, and the generosity of local business leaders of International House of Pancakes, Lancers Family Restaurant, Vons, Pavilions, Henry's Farmers Market, Fresh and Easy Market, Anderson Party Rentals, and Leeper Brothers contributed to the very successful community breakfast.



The hearty breakfast also included fresh bananas from Handy Market and cold drinks from Ralph's Grocery Co.

The event brought together people from all over the city and all the proceeds go

to the Burbank Community YMCA Preschool Scholarship and Youth programs. Special emphasis was placed on funding the YMCA Adopt-A-Child camping program. The event was co-chaired by YMCA Service Club members **KAM AND MELANIE KALANTARI** and **FRANK SAKATA** who worked closely with Fire Captain **RON BELL** and **CHIEF RAY KR-KOWSKI** of the Burbank Fire Department.

In addition to the men and women of the YMCA Service Club, other volunteers included members of the Burbank Community YMCA staff, family members, friends and volunteers from the City Life Church of Burbank. Also on hand were the Burbank Fire Department staff and cadets - youth in training.

Submitted by **DENNIS GROSSMAN**



## US AREA EXTENSION

I think I have responded to everyone who requested copies of the materials I had on display at the forum I conducted during the US Area Convention. If I have missed someone, or anyone would like information on Y Service Club activities and development, please email me at [buckacox@yahoo.com](mailto:buckacox@yahoo.com).

They are still continuing with the development of a club at the Eden Y in Hayward, CA.

I would like to hear from RSD's for Extension about possible interest for new clubs and also the desire to strengthen existing clubs.

**BUCK COX**, ASD Extension  
[buckacox@yahoo.com](mailto:buckacox@yahoo.com)



**STEP REPORT BY PAIGE SHEPPERD, STEP student to Peru.** *Paige is Bill and Lillian Porter's granddaughter.*

My experience in a foreign country has been absolutely amazing and I hope by putting it into words I can do it justice, but first I suppose I should start off by introducing myself. My name is Paige Shepperd and I am from Tucson, Arizona in the United States. I am 16 years old and I have a wonderful family which consists of my two parents, my 13-year-old brother, my 9-year-old sister, two dogs, and a cat. Aside from my immediate family I am also blessed to have all four of my grandparents living in Tucson as well. In fact, it was my mom's parents who are the ones who presented me with this opportunity to do a short term exchange program through the YMCA because of their membership in the Y's Men's Club. In Tucson, I go to school at Pusch Ridge Christian Academy, and I will be starting my junior year there in August. I enjoy playing softball for my schools team, and in the past I have participated in the high school leadership team by being the sophomore class representative and I have played my flute and piccolo in the marching band. Aside from school and sports I am also a drama leader in a ministry I am a part of called Break Down, which is a ministry that performs assemblies by acting and dancing in public high schools around Tucson promoting abstinence until marriage and making healthy choices as a teen. It is amazing to see the hand of God at work right before my eyes all the time!



Saying bye to my family was definitely the hardest thing ever. Although I held it together pretty well I couldn't help but feel like I was leaving part of me behind. When my dad walked away and left me at the gate in LA it was all I could do to stop the tears from flowing down my face but they were definitely there in my eyes. I remember thinking, "Okay, you can do this. You're a big girl, Paige... There's nothing to worry about." On the plane I tried to keep my mind off things by watching a movie and, of course, sleeping since it was an 8 hour red eye flight. Before I knew it, though, I looked out the window and could see the sun beginning to rise and mountains poking up out of the solid blanket of clouds below me. I was first greeted by Ricardo Cardenas as well as Tita Ratto who would be the first lady to host me. The first few days were definitely a little tough from being homesick and being in a place very foreign to me and not knowing anybody, but the homesickness was soon replaced with fun and excitement from all of the neat things I got to do. Tita showed me around some of the city she lives near and took me through her daily life by showing me the YMCA and taking me to the salsa dance class she attends. My time at Titas home was full of new experiences for me and trying my best to get used to all the different things.

The next family I stayed with was the family of Reggina Vallejo. She is a student at the University Catolica. They were a very sweet family and welcomed me very graciously into their home. While I was staying with them I saw Miraflores, el Parque del Amor, la Molina, el Museo de la Nacion, Jockey and San Miguel Plazas, and the University. It was fun to spend time with kids my age because it made me feel more at home! The next family I stayed with was the family of Ricardo Cardenas, and they also were very sweet to me and made me feel like part of the family! Ricardo took me to el Parque de las Leyendas, El Centro de Lima, San Isidro, el Parque de los Aguas, and el Circo. My favorite was el Parque de las Leyendas because I love animals and I also got to try anticuchos, which was very delicious!

I said a sad goodbye to the Cardenas family and moved on to my next home for the last four days of my stay in Lima, the Leon family. Mr. and Mrs. Leon were delighted to have me and they took me to see Minimundo, Barranco, and el Centro de Lima at night. Overall, my stay in Lima was incredible and it was something I will never forget as long as I live!



### A NOTE FROM YEOP STUDENT STEPHANIE SMITH IN DENMARK.

Dear Y's Men,

I have been in Denmark for about a month and a half now and it has been a great experience so far. I am going to school, playing soccer, and I am involved in the Y's Mens youth club. These are just a few activities I do during the week.

School has been pretty difficult because of the language barrier but I seem to be learning Danish fairly quick. I am now able to pick up words and sentences when my friends talk to each other. Sometimes I am able to understand full conversations and reply in small, but full Danish sentences. Since most know English here I don't have a problem talking to my friends in English, although they have started talking to me more in Danish so I can learn.

The weather here has been drastically different from the warm and dry climate of Tucson. It rains almost every day and is very green. The family I'm staying with in Denmark tells me that this summer was a very wet and cold summer. Since I've been here we have had about 5 warm and sunny days.

My family in Denmark has taken me to see many sites already. One weekend we traveled to Skagen, Denmark. Skagen is the very tip of Denmark and is famous for a special light that is good for painting. Since it is the very tip it has two seas that crash together; the North and Baltic Sea. Denmark is very proud of their vikings, so I've been to two different museums and sites where the vikings lived. It was interesting to see the history and natives of Denmark.

I live on a farm with cows and pigs. This farm has about 150 cows and 250 pigs. They grow rye, wheat, corn, and barley. My family has been very busy with the harvest since I have been here but just finished last week.

This adventure is going by so fast and I'm having the time of my life! Thank you and I am looking forward to coming back and telling you more about it.

Stephanie Smith



Submitted by **LILLIAN PORTER**, RSD -YEOP, PSWR

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The International Association of Y's Men's Clubs is a worldwide fellowship of persons of all faiths working together in mutual respect and affection, **based on the teachings of Jesus Christ**, and with a common loyalty to the Young Men's Christian Association, striving through active service to develop, encourage and provide leadership to build a better world for all mankind.

## Commonalities Between Values

CHRISTIANITY	JUDAISM	ISLAM	BUDDHISM	HINDUISM
"Do unto others as you would have others do unto you" – Matthew 7:12	"One should treat others as one would like others to treat oneself." – The Torah	"Hurt no one so that no one may hurt you." – The Quran	"Hurt not others in ways that you yourself would find hurtful." – Udana Varga	"One should never do that to another which on regards as injourous to one's own self." – Brihaspati Mahabharata
"Thou shalt no bear false witness against thy neighbor." – Exodus 20:16	"Thou shalt no bear false witness against thy neighbor." – The Torah	"The greatest truth is honesty, the greatest falsehood is dishonesty." – One of the 4 Caliphs of Islam.	"I undertake and observe the precept to bastain from false speech." – The 10 Precepts of Buddhism	"One should utter the truth." – Dhammapada 17: Kodha Vaffa
"Depart from evil, and do good; seek peace and pursue it." – Psalms 34:14	"Seek peace and pursue it – seek it in you own place and pursue it even to another place as well." – Levictus Rabah 9:9	"If anyone slew a person..it would be as though they slew the whole world. I anyone saves someone it would be as though he has saved the world." – The Ouran	"Hatred will not sease with hatred bu by love alone." – The Buddha	"By not harming any living being, one becomes fit for salvation." – ManuSmriti 6:60

In our International Organization, we share many values among our membership but our organization is based on the teachings of Jesus.