



PREZ SEZ

We kicked off the New Year with a chili cook-off at the new Rec Plex. Who makes the best chili? We tallied up the votes **Debbie Redmond & Barb Rhyne** make the best chili. We certainly had lots to choose from—vegetarian, all meat, spicy hot, traditional varieties and one with chocolate. Thank you to all of the cooks. And don't forget the chocolate desserts and sweets. Thank you to all of the bakers. Thank you to those who planned the chili cook-off.

Our February meeting will be our traditional Church Sunday – February 14th. See the details in this newsletter.

Be sure to remit your dues to **Marsha Brann** if you haven't already done so.

Remember in your prayers the people of Haiti.

Anne

Christian Emphasis

By

FRAN GOEBEL



CARONDELET Y SERVICE CLUB FEBRUARY 2010

MID AMERICA REGION

Words to the Y's

THE BEST COMPANION

Some people looking for love have found help in an unusual place—a taxicab in New York City. Taxicab driver Ahmed Ibrahim loves to set up blind dates for his single passengers. His matchmaking services have been featured on the Fox News Channel, *The Wall Street Journal*, and NBC's *Today* show. He doesn't assist just anybody though; they have to be serious about looking to settle down with someone. Ahmed loves to help romance blossom, and he even hands out roses on Valentine's Day.

The best place to find love is not in another person but in a book, the Bible. The Bible tells of God's great love for us. This is expressed in what my friend called the best love note she had ever received. It's found in John 3:16.

For God so loVed the world,
That He gAve
His onLy
BegottEn
SoN

That whoever
Believes In Him
Should Not perish,
But have Everlasting life.

God loves us like no one else ever could. He showed that love when He sent His Son, Jesus, to be our Savior. He's also the best companion we'll ever have.

Open your Bible and learn more about Him.

From: Our Daily Bread Devotional Booklet

“How great is the love the Father has lavished on us, that we should be called children of God.” 1 John 3:1

What is the Brotherhood Fund?

Brotherhood Fund (BF) delegates are considered to be the ambassadors of their home land to clubs in other countries. Visiting BF Delegates and the host clubs can enjoy and experience a spirit of true internationalism. These visits strengthen fellowship among Y Service Club members. Their goal is to foster and maintain international understanding and world peace among the people of different countries. Besides providing travel assistance for club visitation, this fund also supports members to attend International or Area Conventions.

Our most recent BF Delegate was Ivani from Brazil. Jim Redmond traveled to India on one of

these trips a few years ago and others have applied for partial grants for conventions.

Direct cash contribution by members and or proceeds from club projects support this fund. In some places the sale of commemorative stamps is another source. Members collect, sort, and package them for sale.

The Brotherhood Fund Expenditure Committee is appointed by the International Council to determine the visitation program and administer the funding. The current BFEC Chairman is Mr. Regnar Neilsen from Denmark who visited us in January 2009 at the Mid Year Meeting in St. Louis.

**Could be here, there, or everywhere
Do the Mystery Trip if you dare.**

**April 17th is when we'll meet
Pay a fee for your travel seat.**

**Ride with friends and be entertained.
The Secret is well contained.**

**More info to come! April 17th, come one
and all and bring a friend!**

CARONDELET Y SERVICE CLUB

JANUARY 10, 2010

Present: Dan Schulze, Nancy McCullough, Nathan Barr, Matt Stuckel, Anne Stuckel, Fran Goebel, Rachelle Reeg, Audrey Miller, Marsha Brann, Barb Rhynes, Marilyn Chase, Bob Daniels, Charley Redmond, Bill Stuckel, and Debbie Redmond

Invocation: Fran opened the meeting with a prayer.

Citizen of the Year: Anne had brought the South County Times newspaper for each of the members to read the article about **Charley Redmond** as the Affton Citizen of the Year and Rachelle announced that several people would be attending the dinner honoring **Charley**. Please call her if they are interested in going.

Chili Cook Off Contest: Each person was given a scoring sheet and **Charley** explained the voting procedure. Each of the pots of chili were numbered and people were asked to score each one after sampling it. There were seven pots of chili entered in the contest.

Travel and Information: **Jim Redmond** was unable to attend the meeting due to an illness. He had planned to tell about his travels both to India and to Buenos Aires. **Matt Stuckel** graciously agreed to do a presentation on his trip to Trinidad and Tobago with several Youth from the YMCA last summer.

Winners of the Chili Cook Off: **Charley** added up the scores for the Chili Contest and the Committee (**Bill**, **Barb**, and **Charley**). There were three prizes. Barb was selected as the "Best Traditional Chili" and received a gift. **Debbie** was selected as the "Best New Chili" and given a gift. **Rachelle** received the prize for the Chili that scored the least points and received a large bottle of Tums.

Chocolate: Although there was not a contest between food items for dessert, there were seven wonderful kinds of chocolate presented from cake to candy.

Dues and Roster: The rosters should be sent out sometime this week and everyone was reminded to pay their dues before the end of the month to **Marsha**.

Meals on Wheels: **Rachelle** asked **Dan** about the possible times that an information table could be set up in the lobby. The response was that the building remains busy every day and all day. They will pick some dates maybe around the first of February to set up a display. We have several thoughts regarding how else we could help Meals on Wheels. Maybe if we had up to 6 people that would volunteer to drive then we could take one of the routes once a week and cover it with whoever is available. **Marsha** will check into it and see what needs to be done. The deliveries occur between ten and eleven and take up to 1 ½ hours. Maybe this is something we could do as a team. Every volunteer will need to have a police check and family registry. There is a stipend offered where the drivers would receive forty cents per meal.

February 14th, Church Sunday. Although **Rea** was unable to attend the meeting due to a broken wrist, she is still planning to have Church Sunday at her Church. More information will be posted in the newsletter. We will share a meal together after the service and have our monthly meeting at that time.

Book Fair Kick Off Breakfast: **Dan** reminded everyone that the book Fair Kick Off Breakfast will be March 6th at the Rec Plex. Since there is no stove in the building, we will probably provide some kind of "Continental" Breakfast.

Adjourn Meeting at 7:00 p.m.

Respectfully submitted, **Debbie Redmond**, Secretary

Chili and Chocolate Revisted

The RecPlex meeting room was redolent with the scents of chili powder, cumin, and some very secret ingredients in our Chili Cook-off Competition. Wow! The grocery shelves must have been empty in the spice, tomato, beans—all kinds—sections. Our eyes widened as we viewed the variety of good stuff our cooks could create from chocolate—Yum! It was hard to choose from so many goodies. Some of us needed a take home pack to make sure we had tried each one.

Thanks to the cooks and to the committee for making sure things happened. Scoring sheets to determine winners, prizes, beverages—all were ready for the contest. The kitchen area was quite a contrast to the “historic” one at 600 Loughborough where many comments including prayers were required to make sure the equipment was operating!

Matt Stuckel provided the program with his presentation of photos and commentary from his 2009 trip to Trinidad and Tobago as part of the International Youth Trip sponsored by the YMCA of Greater St. Louis. He has been fortunate to have participated twice in this opportunity. Travel like this has been a prime feature for YMCA youth and adults for about 50 years. Some members and family members have shared in this opportunity in the past.

Guess the program committee will have to come up with another cook off menu to test our members' skills and appetites??

Meals On Wheels—US Area Project

Clubs in the US Area are being encouraged to participate in some kind of project connected with Meals on Wheels during March. Our club has chosen to conduct a lobby campaign at the Rec Plex to attract some new drivers for the Carondelet Community Betterment Meals on Wheels Program. Marsha Brann has sent info about the program details: time, duties, etc.

We will select the date(s) and time(s) at the February 14 meeting with opportunities to sign up to serve at the table. Anne has volunteered to do a poster. We will have some information sheets along with our club info sheet. Our club banner ought to attract some attention. The task is a big commitment—weekly deliveries. Let's hope we can do something to help with this program.

Websites to check out for more information!

www.ymcastlouis.org (St. Louis YMCA –for Carondelet YMCA—click on “find branch)

www.ysmenusa.com (US Area Y Service Clubs *Bob Daniels is the webmaster!*)

www.ysmen.org (International Y's Men website for Malaria Project—click on NEWS)

www.ccbf-inc.org (Carondelet Community Betterment Foundation)

www.baylessk12.org (Bayless School District)



Join Us for
Church Sunday
February 14th
Third Baptist Church

620 North Grand Blvd

On the Corner of Grand and Washington

Parking is available on the east side of the building on Washington

For directions please see:
<http://www.third-baptist.org/deciding/contactus/findus.htm>

Arrive at 10:30 for the 10:40 service

Lunch to follow at the church

\$6.00 per person

Please call Rea Finn (638-6767)

by Wednesday Feb. 10th

to confirm your attendance.

Carondelet Y Service Club

2009/2010

Chartered October 1978

President: Anne Stuckel

Vice President: Charley Redmond

Secretary: Debbie Redmond

Treasurer: Marsha Brann

Members:

Nathan Barr

Marilyn Chase

Eleanor Eichenberger

Rea Finn

Fran Goebel

Gertrude Jones

Karen Karl

Nancy McCullough

Myrtle Mignerone

Paul Mignerone

Audrey Miller

Joseph Oganda

Mike Pfefferkorn

Sandy Pfefferkorn

Charley Redmond

Jim Redmond

Rachelle Reeg

Barb Rhyne

Dan Schulze

Shirley Snodgrass

Bill Stuckel

Youth Members

Stephen Karl

Daniel Redmond

Matt Stuckel

Bulletin Editor: Bob Daniels

Email: bdaniels3@prodigy.net

Club Calendar Meeting Dates and Events

2/7--Church Sunday

3/14--Time of Fast

4/17--Mystery Trip

5/16--Hot Dog Sunday-Club's Book Fair kick-off

6/11--Officer Installation

This newsletter can be seen on the internet @ www.ysmenusa.com

International News

August 5—8, 2010 International Convention Pacifico Yokohama

US Area News

July 6—8, 2010—Area Council Meeting Hot Springs, AR

Mid America Region News

October, 2010—Regional Convention

Club News

2/7/10--Church Sunday