



THE Y'S INFORMER

To Acknowledge The Duty That Accompanies Every Right.

Founded 1950



A Monthly Bulletin

Issue No. 120- June 2007

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President's message

-Tom Tannery



Aloha, I hope everyone is in good spirits and enjoy the long days of summer. Congratulations go out to East Kauai Y's Men's Club Member Donna Schulze for being selected as the first woman to receive the B.P. "Boots" Faubion Award. The B.P. "Boots" Faubion Award is given out every two years at the U.S. Area Convention to one outstanding Y's Men's member who has demonstrated a lifetime of achievement as both a Professional YMCA Director and leader of the Y's Men's movement. Donna was the first woman Professional YMCA Director hired in San Diego in the 1950's. In 1975 Donna Schulze was the first woman appointed as Executive Director of a



Corporate YMCA in the State of Hawaii.

In 1976 Donna Schulze was once again the first woman ever inducted into a Y's Men's Club in the State of Hawaii. These are just a few of Donna's many accomplishments. Yes, Donna Schulze fills the "Boots." We are very proud of your lifetime of service to the YMCA, the East Kauai Y's Men's Club, and our community.

BROTHER CLUBS

-Jiro Yukimura



Atami Glory Club

Mr. Toshiro Takeuchi
1372 Manazuru Machi
Kanagawa-Ken
259-02 Japan



Aloha, We have just returned home from Osaka, where the 10th Japan West Regional Convention was held, at the New Otani Hotel, Osaka, on June 8-10th.

As usual, we are pleased to read your letter and also the latest issue of the Y's Informer. . . .

We note that the Hawaii Regional

Convention for 2008 will be hosted by Maui, and you will probably host in 2009.

I notice also that the construction of Kauai YMCA is taking place in Lihue.

682 members attended the 10th Y's Men Regional Convention on June 2 and 3, and 827 to the Japan West Regional convention. The registration fee was 20,000 yen per member. For next year, 2008, the Japan East Regional Convention will be at Tokyo and Japan West Regional Convention will be at Nara.

It appears like a general trend that more Y's Men's Clubs are putting more emphasis on Community Service Projects.

Three couples, Takeuchi, Fujima, and Suzuki, have decided to visit Calgary, Alberta, to renew our IBC ties. We leave Japan on September 10, Monday, and return to Japan on the 20th, for 10 days. We plan to drive around BC and Alberta and I am the professional driver for 10 days, about 4,000 km. We are going to visit Crowfort Y Service Club at Calgary.



We should be in the rainy season but, so far, the days are dry with less rainfall.

Please take care of yourself and we send our best wishes to your fellow members.

Y'sly,
TAK and Kiyoko

President- Tom Tannery **Vice Pres.-** John Simpson **Secretary-** Jesse Castro **Treasurer-** Nato Mikasa
Members- Frank Olsen Bev Olsen Alfred Laureta George Schulze Donna Schulze Jiro Yukimura Jennie Yukimura Marvin Dye
Champ Ono Ed Nos Eiko Nos Gloria Horace Steve Layne Robert Sims Mary Sims Jason Shimauchi



Bangkok Brother Club

Mr. Kuhn Chirasak
315/148-149 Fortune
Condo Town 1, Floor 19
Soi Sathupradith 19,
Sathupradith Road
Yannanwa, Bangkok
10120, Thailand



(Contributed by Bev Olsen- Liaison)

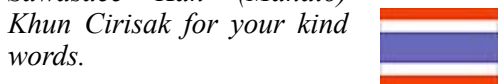
After receiving the latest copy of our Y's Informer Bulletin, interim liaison officer Kuhn Chirasak from the Bangkok Brother Club writes " I am quite impressed and will encourage our Y's Men member, Khun Thanya to produce Newsletter as yours in the near future. It's very interesting and amazing. I like it very much. Thank you for your enlightening our spirit."

Y's Men Wichian and Lady Y's Men Tirapan Boonmapajorn recently flew from their home in Bangkok to see their daughter Ms. Tirawan Boonmapajorn receive her MBA Degree Cum Laude from the Babson College, Boston, MA.

Prior to moving to Boston, she was a regular volunteer at the Phayao Center. The center a YMCA Bangkok/Foundation project in northern Thailand was launched to raise global awareness in the fight against the sex trade movement and to improve the Quality of Life for Children and Families in the North. This project is one of several projects supported by the Bangkok Y's Men Club.

Tirawan will return to Bangkok in July and put her degree in marketing and finance to work in a Bangkok Marketing Research Company.

Congratulations to the Boonmapajorn Family from your Brother Club Sawasdee Kah (Mahalo) Khun Cirisak for your kind words.



Wakayama Kinokawa Club

Ms. Sachiko Ohtani
204-3 Fukushima
Wakayama City
640-8401 Japan



"Early summer in Japan"

I will introduce you a rural landscape in my town of early summer, which I look forward to every year.

I live in a small town, where rice fields are to be seen here and there, and I can know the cycle of the seasons by seeing them. In June, farmers plant seedlings of rice in the paddy fields all at once. First, they weed and cultivate the fields, and after that, they run water into them. What a dramatic change! Yesterday houses were only on the ground, but today they are on the surface of the water that even looks like a big lake. I have such an exciting feeling in this season. The sunlight is glittering on the surface of the paddy field. Then I cannot just sit in my house.

With a camera, I get into my car and go for a drive to my favorite places. While I am driving around, I find myself enjoying the feelings that are as if I were sliding on the surface of the lake. Especially at night, lights of the houses and cars reflect on the water of the paddy fields and the landscape becomes very gorgeous.

However, as the seedlings grow rapidly in a few days, the surface of the water which looks like a clear mirror changes into what looks like ground glass. So we cannot taste the delights of this season for a long time.

In old days, paddy fields were never full of such lights. I am afraid that when the town grows bigger, my favorite landscape in June will disappear. Thinking so, I cannot help driving out to see and appreciate them.

It is said that we have four seasons in Japan, but I think we can divide



them into more seasons. June could be one of them. An early summer, which is coming soon. I hope you would feel the lively breeze over the paddy fields in Japan with me by reading my message.

-Sachiko

CHRISTIAN EMPHASIS

-Jennie Yukimura



"Mom, start praying. David was in an accident and we don't know whether he is going to make it!" This frantic call came from our daughter Kathy calling from her home in Seattle as she and her husband Mark were rushing down to a trauma clinic in San Jose, just as Jiro and I were getting ready to attend the 71st Y's Men Regional Convention, at Pagoda, Honolulu. David, our 20 year old grandson was driving his van loaded with his musical instruments all the way from Westmont College, located in Santa Barbara, to north of Seattle, a long, twelve hour drive. Kathy and sister Kara had maintained periodic cell phone contacts with him; it was when they lost contact with him, their worst fears were realized. The highway patrol's report had indicated that there was no chance for survival.



I never cried and prayed so hard for the next few days in all of my life. We asked everyone to pray for him. Our beautiful, gentle, and talented grandson, who was looking forward to touring the country during the summer with his Reggae, Country Music Band. For ten days, David was in a comatose state, until the doctors began reducing the sedatives, and David's first response was to groan in pain: He had fractured his femur just at the hipbone and doctors had removed his spleen. Fortunately, his brain appeared to be intact for, his determination and his youth apparently helped him slowly respond to the gentle care of the nurses and doctors, from initially doing "thumb's up" to actually playing the violin which his violin teacher brought on his visit. At the present time, David has



been moved to the rehab center and he appears to be on the way to slow recovery so that he will be able to play the violin, the drums, the ukulele and enjoy music once more.

I feel extremely grateful to all of our family members, and friends in the Y's Men, members of the Lihue Christian Church, the entire Westmont College staff and students, for their concern and prayers for David's recovery. Our family is convinced that all the prayers are helping him every day and asked that you continue to pray.

James 5:15

“And the prayer offered in faith will make the sick person well; the Lord will raise him up.”

Community Service
-Frank Olsen



JUST A REMINDER of the up and coming community service projects our East Kauai Y's Men Club have decided to participate in for the month of July:

JULY 4 (Wednesday) KAUAI HOSPICE Fundraiser “CONCERT-IN-THE-SKY” to be held on the soccer fields just north of Vidihna Stadium in Lihue.



VOLUNTEERS:

Champ Ono- Auction volunteer set-up 10:00am-2:00pm;

Jiro & Jenny Yukimura, Nato and Lucille Mikassa - Auction Greeters/ Helpers 2:00pm-5:30pm.

Bev & Frank Olsen and John Simpson- Las Vegas Raffle 2:00pm-5:00pm.

Volunteers should report ½ hour ear-

lier than their assigned shift at the Volunteer Registration Booth.

Mahalo to all the volunteers for taking time out of your holiday to participate in this worthwhile Community Service.



★★★★★★★★

REGIONAL CALENDAR:



JANUARY-YMCA SERVICE:
- JENNIE YUKIMURA

FEBRUARY- TIME OF FAST:
-PHIL CHUN

MARCH- BROTHER CLUB:
-MASAYO NAKAGAWA & BOB MARTIN

APRIL-LEADERSHIP TRAINING:
-SHARON ISHIDA & LINDA CHUNG

MAY – REGIONAL CONVENTION:
– RICK LAU

JUNE – PUBLIC RELATIONS:
-DONNA SCHULZE

JULY –MEMBERSHIP & CONSERVATION:
-DUKE CHUNG

EXTENSION – BILL STONE

AUGUST – COMMUNITY SERVICE:
– REGGIE TAKAKI

SEPTEMBER – ENDOWMENT :
-BRAD ISHIDA

OCTOBER ASLF/DOLLARS FOR SCHOLARS: -DONNA JONES

MID YEAR CABINET MEETING 10/14

NOVEMBER BROTHERHOOD FUND:
– PHYLLIS SETO

DECEMBER – CHRISTIAN EMPHASIS:
-JONI NEEL

LUMINARIES:

HAPPY BIRTHDAYS:

JUNE 02 CHAYENNE TANNERY
JULY 01 SUE ONO
JULY 05 EDWIN NOS
JULY 14 BEVERLY OLSEN



ANNIVERSARY:

JULY 06 FRANK & BEV OLSEN
JULY 17 JIRO & JENNIE YUKIMURA



DATES TO REMEMBER:

JULY 05 BUSINESS MEETING
KAPAA NEIGHBORHOOD CENTER
6:30 PM



JULY 19 SOCIAL MEETING
TBA



Y's International

Four new Y's Youth Clubs have been officially welcomed to the family of Y's Men International: Y's Youth Club of Himeji-3 (Japan), Peace Korea Y's Youth Club, Y's Youth Club of Bangalore, India and Bendigo Y's Youth Club (Australia). It is heartening to see the youth of the world taking an interest in service to their fellow man and to their communities. There is also a new Youth Intern for IHQ who will replace James Olle in July. Her name is Aeree Baik from Korea, a 27 year old journalist with a broad background in Y's-dom including facilitating the Youth Convocation at the International Convention in Busan Korea last year.

US Area

An Open Letter from Past US Area President Donna Ward:

Dear Members of Hawaii Region,

Thank you. Bill and I really enjoyed being your guests at the Hawaii Regional Convention in Honolulu. Your Convention Chairman, Ray Seto, and his committee did a great job planning and putting on the event. Many talented members helped make it successful.

I especially liked your idea of holding Golf Tournament, Cabinet Meetings, Auction, Business Meetings, The Academy, Installation, Awards and Worship all in one weekend.

Hopefully, your evaluations showed that it was a hit with your members.

Thanks again,
Donna Ward, Past Area President



Reminder: The US Area Convention will take place from July 13-15 in Charleston, SC.

There's still time to sign up. Just go to the area website <http://www.ysmenusa.com/> to download a registration form. Let's have a big delegation from Hawai'i!

Hawaii Regional News

More than 90 Y's men and women from Hawai'i and Japan gathered at the Pagoda Hotel in Honolulu for the 71st annual Hawai'i Region Convention from May 18 to 20, 2007. Chair **Ray Seto** promised something new and different and he fulfilled the promise starting with the first business session that was held on Friday afternoon rather than both sessions on Saturday. There were several important



approval were the optional leadership guidelines developed by IPRD **Paul Kuromoto**. Both motions passed on second reading on Saturday. The most controversial item was a proposal by **RD Phil Sammer** to take the burden of the annual convention off the districts and to make it a regional responsibility. There was much interesting and constructive discussion that will be taken up by a special task force for follow up. The OVG District bid for the convention on Maui in 2008 with the understanding that all regional clubs will assist. This will be sort of a dry run for the system proposed by RD Phil.

We were pleased to welcome past US Area President **Donna Ward**, and husband past International President **Bill**, who updated us on US Area and International concerns. Saturday also featured the 6th Y's Men's and Women's Academy that featured three dynamic speakers all concentrating on membership development. **Barbara Pleadwell** spoke about Generation X while **John White** revealed the way to motivate the youth of Generation Y. Central YMCA Executive Director **Maile Kanemaru** challenged us to make our projects relevant to the mission of Y'sdom. At lunch, service awards were distributed with **Windward** designated as club of the year with president **Marion Liu** along with Hilo president **Lance Niimi** honored as co-presidents of the year. The dinners were filled with fun and fellowship during which Y's guys **Eddie Miwa**, **Bev Wong**, **Jeanette Nakano-Kuwahara** and **Duke Chung** revealed the many sins of the region's Y's men and women that were worthy of monetary recognition. Donna Ward installed all regional, district and club officers (another departure from tradition!) on Saturday night including RDE **Rick Lau**, Metro DG **Russ Lynch** and OVG DG **Champ Ono**. **Nu'uauu** and **Kalihi** hosted hospitality snacks on Friday and Saturday respectively. Pastor **Terry Bosgra** gave a very interesting devotional on Sunday morning followed by an excellent brunch. The convention wrapped up with the incoming cabinet meeting. We look forward to meeting on Maui in 2008.

The world takes off its hat to those who put in more than 50% of their capacity, and stands on its head for those few and far between souls who devote 100%." - [Andrew Carnegie](#)

WHO AM I ?



- A. Sue Ono
- B. Sharon Ishida
- C. Eiko Nos
- D. Lucille Miskasa

Answer to May photo- Champ Ono

East Kauai Y's Men Program Chairs:



- | | |
|------------------------|-----------------|
| Brotherhood Fund | Al Laureta |
| Endowment | George Schulze |
| Time of Fast | Marvin Dye |
| Christian Emphasis | Jennie Yukimura |
| Historian | John Simpson |
| Brother Club | Jiro Yukimura |
| Membership & Extension | Donna Schulze |
| Youth Run | Tom Tannery |
| Public Relations | Bev Olsen |
| Community Service | Frank Olsen |
| Bulletin | Jesse Castro |
| YMCA | Tom Tannery |



Y'S MEN'S WEBSITES:

1. Y'S MEN INTERNATIONAL
www.ysmen.org
2. Y'S U.S. AREA WEBSITE:
www.ysmenusa.com
3. HAWAII REGIONAL WEBSITE:
www.ysmenhawaii.org
4. EAST KAUAI Y'S MEN CLUB:
www.ysmenusa.com/EastKauai_1206.pdf

items for consideration including an amendment to the constitution to bring the region in line with the US Area and International to allow for family memberships for youth from 18 to 25 years of age who have at least one Y'smen parent and who would pay half dues. Also up for



THOUGHT

FOR THE DAY:

Hats Off to You!

"The average person puts only 25% of his energy and ability into his work.



Kau kau Kitchen

-Jesse Castro



Cadon Monuc or Katne*
(Chicken or Beef Soup)

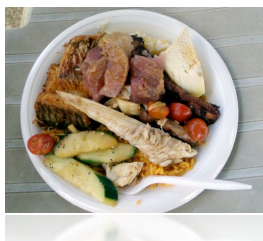
The fun of these simple, hearty soups is that you don't do a lot of chopping. The meat is in large chunks or whole pieces. Potatoes are quartered, chard goes in "as is". Make up a big pot and have leftovers the next day, this soup just gets better!

- 1 chicken
- 6 medium russet potatoes
- 1 lb whole leaf chard or spinach
- 2 tbsp. oil
- 1 onion
- 4 chicken boullion cubes
- 1 cup of beer

Cut chicken as you would for BBQ'ing, only half the meatier pieces. Rinse and peel the potatoes and quarter. Break the chard or spinach into individual leaves and wash carefully. In a stock pan add oil and onions and brown until soft. Add chicken, boullion and enough water to fill pot two-thirds full. Boil until meat is thoroughly cooked. Skim oil from top of water. Add beer, potatoes and cook until almost tender but not mushy. Add chard or spinach just long enough to soften.

Serve with rice and finadeni (ask me). Makes a big pot!

*For Katne, substitute 2 lbs of stewing beef cut into 1 to 2 inch cubes and beef boullion cubes.



A typical Guamanian (Chamorro) barbecue meal.

WEDDING ANNIVERSARY

-Ed Nos



Eiko and I celebrated our 49th anniversary today with a great meal at Carrabbas Italian Restaurant in Tampa Florida today. On our 50th we have a 20 day Atlantic crossing on Carnival Cruise lines to Italy, Spain and other ports. Staying in Italy 6 nights in Tuscany. Than flying back to Tampa FL. We booked this for April 26, 2008.

LAUGH OUT LOUD!

-Gaetano Vasta



You know you're at Home in Hawaii when...

- >>> 1. The State dog is the pit bull...
- >>> 2. On the street where you live, every refrigerator has a bottle of shoyu inside...
- >>> 3. Your cousin is Japanese-Chinese-French-Filipino-Korean-Scottish-Portuguese-Hawaiian-Italian, plus some stuff too manini to mention..
- >>> 4. To go out on Saturday night and impress the girl, you wear your bestest shorts...
- >>> 5. Your second home is the beach....
- >>> 6. It rains buckets on your picnic and everybody agrees. ?"It's a blessing"
- >>> 7. You're nobody til somebody says your are part of the ohana.....
- >>> 8. Stopping to smell the flowers can take all day.
- >>> 9. An approaching hurricane means only one thing....surf's up brah!
- >>> 10. " You like beef?" has nothing to do with what's for dinner.....
- >>> 11. Las Vegas is Mecca
- >>> 12. White rice is a sacrament...
- >>> 13. Spam is for special occasions....

- >>> 14. A stranger shares aloha..
 - >>> 15. LUCKY WE LIVE HAWAII.
- Me ke Aloha!

KEY ASSIGNMENT FOR JULY
- Beverly Olsen -

KUDOS!



"...You folks are doing so much, and your newsletter is chock-a-block with fun items. Nice work all around!"

Bill Stone
Windward Y's Men & Women's Club

BIRDS OF A FEATHER... Part II-

John Riggins



One rare Hawaiian "honeycreepers" that is still hanging on is the I'iwi (ee-ee-vee). It can be found only at higher altitudes on

Kauai, Maui and the Big Island (on Kauai in the Koke'e and Alaka'i Swamp areas). More I'iwi's remain on Kauai than any other island. Note the long curving bill, used to drink nectar from native lobelia plants.



Although vastly reduced from earlier times, this is one of the few native birds you can actually easily see



if you are willing to walk a short distance from the Kalalau Valley overlook in the Koke'e State Forest.

Hawaiians used the bright red feathers in cloaks for the chiefs (ali'i). Feathers from up to 30,000 birds were needed to make one cloak.

I'iwi have become rare because of over-harvesting (in historic times); the destruction of nests by rats, pigs, goats and cattle; the destruction of habitat (native lobelias have been replaced by introduced plants) and the devastation of avian malaria.

Although the I'iwi can be seen at any time of the year, the best time to see them is in September and October when they feed in the koli'i (native lobelias) along the Pihea boardwalk Trail in the Alaka'i Swamp.

***John Riggins is retired but teaches part-time at Kula High & Intermediate School. He is an avid "birder" and has been a federally licensed bird bander for over 40 years. He is also the author of several scientific ornithological (bird) research papers.**

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LET'S GET TO KNOW...

-Jesse Castro



Let me introduce you to our soon-to-be Y's Men member- Gaetano Vasta who will be joining the Club in July 2007:



I was born in Brooklyn, NY in 1942. Moved to California in 1952--Monterey 1 year, San Francisco 16 years.

Education:
Graduated from California State University, San Francisco. Major Biology, Minor Health Education, Teacher Certification Program.

Additional course work at Hilo Community College, University of Hawaii, Sacramento State, UC Davis.

Work:

*Graduate Instructor at SF State 1965-68- Biology, Physiology, Parasitology

*Taught on the Big Island from 1968-73--- Paauilo School, Laupahoehoe, Hilo High. Coached Wrestling, Volleyball, Track

*Elk Grove, CA in 1973-97 and taught Biology, Anatomy/Physiology, General Science, Computers. Department Head at Kerr Jr. and Valley High School

*Sacramento 1997-1999 worked for the Sacramento County Office of Education as the Educational Technology Coordinator.

*State of California Curriculum Commission-4 years, Chair of World Languages, Vice Chair of Science Committees

*Kalaheo, HI 2000-present, Kalaheo School--Education Technology Teacher. Work with teachers, staff, students.

Adult Education--Tech support and teacher.
Employed at the US Postal Service for 4 years.

*Member of the California Army National Guard for 8 years (surgical tech).

*Elk Grove School District Science Coordinator, 8 years.

Awards:

*Outstanding Biology Teacher--American Association of University Women.

*Outstanding Science Teacher--Aerojet.

Outstanding Science Teacher-- Sacramento State University, Sigma Xi

Personal life:

**Married to Stormy Bradley 1999-present
**Two kids Allison Gillaspie-Teacher, married and mother of two Claire and Andrew.
**Jennifer Vasta--Lawyer presently working in Brussels, Belgium
**One dog: Sumo, the Kauai Pet Idol
Speak Italian and basic Spanish.

Club Member:

Italian Club of Kauai, Friendship Force of Kauai

Hobbies:

Photography, World travel especially to Sicily, Technology "toys" and an Apple Macintosh Addict.

I am a retired teacher who doesn't know what retirement is. When I retired from California it didn't last long. I tried to volunteer at Kalaheo School but they put me on the payroll so I would be there on a daily basis. So much for retirement. I love to keep busy but also like to hit the couch and watch TV and walk Sumo.

Recently hit 65 and a card carrying Medicare "member".

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TRAVEL LOG:

IN THE UPCOMING JULY ISSUE OF THE BULLETIN, THE ONOS WILL SHARE THEIR SPECIAL STORIES ABOUT THEIR TRIP TO THE PEOPLE'S REPUBLIC OF CHINA- THE WORLD'S OLDEST LIVING CIVILIZATION.

STAYED TUNED!

HAVE A SAFE AND HAPPY...

