



'em up

Serving the YMCA and the Community since 1947
Home Club of International Presidents Bill Ward (2002-2003) and Jim Mueller (1976-1977)

MARCH—APRIL 2011

VOLUME 63 ISSUE 5



Our Prez Says



Echnoz's Notes

YMCA Campaign started January 11 and ended on February 15. Final totals were not available before this newsletter went to print but the YMCA was close to reaching their goal of \$50,000.00.

The International Presidents Dinner was very nice and well attended by our club. We also had a good turnout for the January 9 Y's Men's Church Day and a wonderful brunch at Hoffs Hut.

Bellflower held their Sweetheart Dinner on February 14 and as always those attending had a good time, lots of laughs and great food. East Valley Y's Men are having their 7th Annual Kalbi Night at the Montebello-Commerce YMCA at 5:00 PM on March 20th. This is a night we look forward to as the aroma of the Kalbi and delicious side dishes tempt our appetites. The entertainment is always good.

Continued on Page 2

We did it again! We raised \$40,00 at the teams level this campaign and just over 1/2 of that was raised by the Y Service Club.

The Gardena-Carson Y is truly blessed to have this Y Service Club supporting it. Many youth and families will feel the significant impact these funds will have. We sure had fun raising it too didn't we? To see many Y's men trying Zumba....that was great! Thank you all so much for your tireless campaigning and service. You know better than anyone exactly how these contributions effect so many.

This January we had 185 new prospects come into this building! That is significant and truly wonderful. So many of these families have requested financial support to enjoy the programs we have to offer, and because of this campaign the Y will remain strong in its ability to never turn anyone away from membership due to inability to pay. Sue and Donna are right there with our new members working out each week. Way to go ladies!

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Prez Says.....Continued from Page 1

As our membership gets smaller we need to be thinking of ideas on how to get new members. We have invited Karl Walther to give us his presentation on increasing membership. This will be held at 1:00 PM on March 26 in the conference room at the YMCA. Want to see you all there.

April 16 is the YMCA's pancake breakfast. We were given jerseys from the Sports Department of the YMCA and it would be fantastic if we all wear our jerseys for this Pancake Breakfast.

I would like to wish you all a happy St. Patrick's Day, and a blessed Easter.

Y'sly,
Laurel

Echnoz Notes.....Continued from Page 1

So Spring is coming and the Y is booming...it's going to be a great year! The Pancake Breakfast in April is sure to bring people out to the Y again for some good flats! So watch for me on the sausages! Boo-ya! Way to go everyone!

Love!

Audrie

Next Deadline
April 15, 2011

Opinions expressed in this Publication are those of the authors and do not reflect official club policy.

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1000 W. Artesia Blvd
Gardena, CA 90248
(310) 523-3470

International Website
www.ysmen.org

US Area Website
www.ysmenusa.com



YMCA

Service Dates

March

Bonnie Werts	1997
Sue Randall	1998
James W	2005
Jose Ojeda	2006
Laurel Ojeda	2006

April

Ray Harbold	1957
Phyllis Ginder	1980
Bob Young	1994

Birthdays

March

18 Georgette Dulac

April

14 Ann Moler
24 Ruth Major

Anniversaries

March

April

2 Jeremy & Audrie Echnoz
23 Phil & Ruth Major

Photo Page



Campaign Victory Dinner



International Church Sunday



Bellflower Sweet Heart Dinner



Time of Fast Dinner

INTERNATIONAL CHURCH SUNDAY



The Gardena club attended Prez **Laurel Ojeda's** St Johns Lutheran Church on Sunday, January 9th for this years Y's Men's International Sunday. There was a good turnout and after the service all gathered for an excellent Brunch at Hof's Hut in Torrance. There were 16 club members and family who enjoyed the very good food and camaraderie.

Those attending were: **Donna Ward, Ray & Dolores Harbold, Dave & Ruth Myers & sons Erick & Mathew, Laurel & Jose Ojeda, Bert & Georgette Dulac, Norm & Joey Haroldson, Nancy Wood & Bonnie Werts.**

GARDENA Y SERVICE CLUB
Club Officers for 2011 - 2012

President..... Amy Ikari
Membership Chairman..... Jose Ojeda
Secretary..... Laurel Ojeda
Treasurer..... Fred Davis
Past President..... Laurel Ojeda

Board of Directors
Bert Dulac
Suzanne Hasegawa
Donna Ward
James Wikkramatilleke

The name changes from Vice President Elect Programs to Program Chairman and Vice President Membership to Membership Chairman were approved.

The office of Treasurer was approved to be extended one year.

Congratulations to all the new officers.

“ENSURE A BRIGHTER FUTURE”
ANNUAL SUPPORT CAMPAIGN
2011

For 6 weeks our club member met at the Gardena Family YMCA for Campaign Turn-In Dinners. On Tuesday, January 8th our club was thanked and honored by our YMCA for the work done by club members for this Support Campaign 2011. A total of 55% (\$21,325.00) of this years total \$39,892.00 (as of 2-16-11) was collected by 6 of our faithful members. The top three Campaigners were **Norm Haroldson**, \$7,350.00; **Ruth Major**, \$4,065.00 and **Suzanne Hasegawa**, \$3,820.00. Also collecting were **Donna Ward, Laurel Ojeda, and Ray Harbold.** Congratulations to our Y's Men team for all the time and effort put in for collecting, phoning and other odd jobs for this campaign. **Audrie Echnoz.** Executive Director and also a club member, dedicated the January 8th dinner meeting to Thank all the club members for their participation and help in this years campaign. **GO Audrie !**

BELLFLOWER SWEETHEART DINNER

It happened on Valentine's Day this year and our club headed towards Bellflower's (I think 9th) Sweetheart Dinner at Maggie's Pub (in Santa Fe Springs). It is something that our members look forward to each year. The dinner is always excellent. My choice was the Icelandic Cod. Although I will admit the Herbed Chicken looked and smelled very good.



Lillian Porter and husband **Bill** assisting, gave a very good TOF program featuring 11 projects that had been completed in 3rd world countries. Her theme was “Helping children have a better life”. Always good to see our friends from Arizona.

And of course, the “Continuing Saga of the Wright Family” always pleases. It was **Norm Haroldson** who won the box of candy at our table. Thank you Bellflower and especially **Kathy Wielenga.** Don't miss this event next year !

Time of Fast Global Project Fund
From ysmen.org

Purpose & Objectives

The Time of Fast Global Project Fund (TOF) is an annual International Y's Men's fund raising programme which began as monetary assistance made available to areas of developing countries by arrangement with the World Alliance of YMCAs.

TOF is now a popular programme where Y's Men members all over the world, traditionally give up at least one meal (usually during the month of February) and donate the cost of that meal to the TOF fund which in turn makes the money raised in this way available to projects sponsored by both Y's Men and the YMCAs all over the world. Since its inception in 1972 to date, TOF has raised about US\$ 4 million for development projects and disaster relief.

Spirit of Y's Men

In normal fund raising campaigns money is raised by advertisements and public calls for people who are willing to donate. But very rarely do these people are made to realise the value of their contributions by way of the difference it would make to the lives of the underprivileged. But in TOF the money comes in from the people who voluntarily give up one meal and thereby equate themselves with the everyday life of the poor and the needy. Thus the participants get to know the feel of hunger and also what a meal can mean to someone who had been without food for days. Despite the scientific advancements it is a pity that we still have people around the world who go to bed with an empty stomach day after day. The irony is that we are able to develop warheads, which can wipe off a whole continent in a matter of minutes but not ways by which we can assure at least one meal a day to the poor and the needy.

This global programme of Y'sdom recognises that both poverty stricken and 'rich' countries have communities in need of help. The programmes implemented under TOF are designed specifically to cater to the needs of the local community.

Continued on Pg 7

**Chaplain's
Corner**

Ann Moler, CE Chairman

WATCH WHAT YOU SAY



Most of us have no idea how much other people's emotions, self-esteem and hopes are influenced by what we say. Paul said, "Stephanas, Fortunatus, and Achaius... have been a wonderful encouragement

to me." If you never heard of them, it's because most encouragers hate being the center of attention. They're happy to work in a support role. But without them very little would get done. The opposite of giving encouragement is spreading discouragement, and Paul says, "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up... that it may benefit those who listen."

What you say can never be taken back, and it'll be used as evidence for or against you one day. Dr. Thomas Blackaby points out: "Words can leave scars for a lifetime, and many people will never forget some of the things you've said to them, both good things, such as words of encouragement, and bad things, such as criticism and rebuke..

Make the best possible use of words so they bring blessing on others." So, are your words encouraging? Can it be said that there's "nothing crooked or perverse in them". Set a guard over your mouth, so whatever you say glorifies Him and lifts others up.

I found this passage in our "Daily Devotional" at my church, St. John's in

Gardena and felt it could also apply to some of the media hype that is not really informative, but more than hurtful.

Keep The Peace
Ann Moler

**2012 INTERNATIONAL
CONVENTION
STAVANGER, NORWAY**

Time of Fast.....Continued Pg 6

In Burma, TOF maintains safe childcare facilities allowing mothers to work and support their families. In Togo, food mills are developed by the people to help feed their community. In Columbia, work with handicapped children gives them new zest for life. In Sioux communities, programmes help residents cope with depression and social abuses.

The fund raising ideas for TOF are very much reflective of the diversity that Y'sdom encompasses amidst its members.

- Selling Christmas trees in Minneapolis;
- Selling of home made crafts in Peru;
- Carol singing and sale of Christmas cakes in India;
- Conduct of flea markets in Denmark;
- Used books and white elephants auctions;
- Barbecues, cookouts and food booths;

These are just some of the ideas that have been working quite well and helping with our efforts to make a positive difference to the lives of the unfortunate many around each of us.

Projects

A TOF project should primarily:

- deal directly with people,
- improve the receiver's quality of life,
- be of the self-help variety, with ongoing results,
- have the endorsement of the YMCA of the country in which the project is located.

Time of Fast....Continued

Since the inception of the TOF programme in 1973, Y's Men International has contributed close to US\$4.5 million to various YMCA and community projects and emergencies around the world...

Today 21 ongoing projects and 6 newly approved projects in a total of 16 countries are supported by TOF.

**Important Info:**

The Club's constitution will be updated and changed at the next Business Meeting.

Samariteam Website

This month you will receive an email invitation to join our club's Samariteam Website! Please make sure you join and register. If you need help don't hesitate to call or email **Dave** (dave@rmdimages.com).

Once you are registered you will start to receive reminders of our club's upcoming events. There are many more features of the website that we will be diving into through out the year.

<http://ysmengardena.samariteam.com>

**INTERNATIONAL EMPHASIS FOR MARCH IS STEEP, YEAP, & YOUTH ACTIVITIES
& APRIL IS 911 FUND**

Dates to Remember

MARCH	1	Ways & Means Committee Meeting 7:30pm Bonnie's House
	20	Kalbi Nite—Montebello/Commerce YMCA \$20
	24	Dinner with James & Elaine. More info to come.
	26	Membership Presentation Karl Walther 1:00pm Y Conference Rm
APRIL	14	Business Meeting 7:30pm
	16	YMCA Pancake Breakfast

Gardena Y Service Club Roster

532-6036	Davis, Fred/Anita	2027 West 149th Street, Gardena	90249
832-7051	Dulac, Bert/Georgette	41 Avendia Corona, Rancho Palos Verdes	90275
523-3470	Echnoz, Audrie/Jeremy	1000 W. Artesia Blvd., Gardena	90248
324-5610	Ginder, Phyllis	15430 Atkinson Ave, Gardena	90249
324-0884	Harbold, Ray/Dolores	15015 Mariposa Ave, Gardena	90247
540-1055	Haroldson, Norm/Joanne	21606 Scannel Avenue, Torrance	90503
323-9356	Hasegawa, George/Suzanne	16126 Daphne Avenue, Torrance	90504
612-4096	Ikari, Amy	16948 Halldale Ave. , Gardena	90247
324-7693	Kawada, Martha	16417 Denker Ave, Gardena	90247
329-3805	Major, Ruth/Phillip	1469 West 187th Place, Gardena	90248
323-0173	Moler, Ann	15209 S. Gramercy Place, Gardena	90249
487-6887	Myers, Dave/Ruth	4891 Sharon Dr, La Palma	90623
679-5570	Ojeda, Jose/Laurel	13522 Cerise Ave, Hawthorne	90250
532-8510	Randall, Sue	1953 W. 185th St, Torrance	90504
329-4458	Vasquez, Lee/Betsy	15508 Parron Ave, Gardena	90249
329-7895	Ward, Donna	17909 Mahnattan Place, Torrance	90504
370-9136	Werts, Bonnie	21013 Ladeene Ave. #D, Torrance	90503
719-9767	Wikkramatilleke, James/Elaine	2521 Artesia Blvd., Torrance	90504
323-0173	Wood, Nancy	15209 S. Gramercy Place, Gardena	90249
523-3470	Gardena-Carson YMCA	1000 W. Artesia Blvd., Gardena	90248

All cities listed are in California.



1966-1968-1969
 1970-1971-1972-1975-1976
 1981-1982-1983-1984-1985-1986-1987-1988-1989
 1990-1991-1992-1993-1994-1995-1996-1997-1998-1999
 2000-2001-2002-2003-2004-2005-2006-2007-2008-2009

'10—'11 Club Officers

President.....Laurel Ojeda
 Pres. Elect.....Amy Ikari
 V-President.....Jose Ojeda
 Secretary.....Amy Ikari
 Treasurer.....Fred Davis
 Past President.....Ann Moler

Directors

Bert Dulac
 Suzanne Hasegawa
 Ann Moler
 James Wikkramatilleke

Honorary Y's Men

Lou Cacia
 Alta & Floyd Chisam
 Steve Difani
 Sam Fujimoto
 Joey Haroldson
 Richard Hodges
 Hank Ishida
 Chuck Maciejewski
 Audrey & Jim Mueller
 Ray Seto

Brother Clubs

Järfälla Y's Men's Club, Sweden
 Jinja Y's Men's Club, Uganda
 Kaimuki Y's Men's Club, Hawaii
 Kumbanad Y's Men's Club, India
 Setagaya Y's Men's Club, Japan

March-April 2011

Gardena Valley Y's Men's Club
 1000 W. Artesia Blvd.
 Gardena, CA 90248

