



'em up

Serving the YMCA and the Community since 1947
Home Club of International Presidents Bill Ward (2002-2003) and Jim Mueller (1976-1977)

JULY—AUGUST 2010

VOLUME 63 ISSUE 1



Our Prez Says



Echnoz's Notes

It is with a very heavy heart that I start this article with the passing of two of our long time members, **Bob Young** and **Bill Ward**. They both will be missed.

The Laughlin Trip, May 24-26 was a success and everyone had a good time. They all asked for another trip later this year.

Summer is here and with that comes a lot of activities. The Annual Spring Conference was held on June 12 at Seal Beach Leisure World and the new Regional and Club Officers were inducted.

We held our installation dinner for the new and current officers for 2010 -2011 on June 24. The new officers are **Jose Ojeda**, Membership and new secretary **Amy Ikari**. We hope to have another successful year. We also recognized the following members with service pins, **Phyllis Ginder** and **Martha Kawada** 30 years; **Donna Ward** 25 years; **Anita Davis** and **James Wikkramatilleke** for 5 years. Continued on Page 2

Happy Summer! The Gardena-Carson Family YMCA is the place to be!!! Busy, Busy, Busy!!! We have refreshed and revitalized many of our programs and have started some exciting new ones as well.

We have an entirely new staff leadership team ready and in place and they are passionate about making a positive impact this summer.

The pool is packed with 200 swim lessons! We have an amazing Summer Day Camp! (I cannot find out exactly how long ago we had a day camp run out of the branch but everyone tells me "it was a long time ago"). Kids are signing up for our week of resident camp up in Big Bear and the gym is packed with sports! Volleyball, basketball, soccer! Even ping-pong!

We also started Karate and a whole Youth Fun and Fit Program! You name it, it is happening!

Continued on Page 2

Prez Says.....Continued from Page 1

Thank you all for your years of service.

The fireworks stand will be open on June 28 thru July 4th located at Sam's Club. Let's hope that we do well in spite of the economy. Thanks to **Fred** for all the time and effort to make sure that our stand ran smoothly and to all that helped work the stand.

At this time we are looking forward to our annual picnic. It is scheduled to be held on August 29. More details will be forthcoming.

September 27 is the Gardena/Carson Family YMCA 20th Annual Golf Classic. This year it will be held at the Rolling Hills Country Club.

Lastly, the Pacific Southwest Region 63rd Annual Convention is being held on October 8, 9, and 10, 2010 at the Marriott Burbank Airport Hotel. Early registration is \$120.00 offered thru September 14 and thereafter the cost will go up to \$175.00. Room rate is \$109.00 per night. Parking is not included. Fun, awards, surprises and entertainment will make this an enjoyable convention. Hope to see you all there.

Enjoy your summer, Happy 4th of July and be safe.

Y'sly
Laurel

Next Deadline
August 15, 2010

Opinions expressed in this Publication are those of the authors and do not reflect official club policy.

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Echnoz's Notes....Continued from Page 1

This summer we are primed to build character and continue to impress upon our families the importance of living a healthy lifestyle. It will be another great summer at the YMCA. Stop on in! We'd love to see you.

Still making a difference....at the Gardena-Carson Family YMCA! Thanks so much to each of you!



Healthy Wishes-

International Website
www.ysmen.org

US Area Website
www.ysmenusa.com

Service Dates

July

August

Birthdays

July

27 Phyllis Ginder

August

6 Betsy Vasquez
14 George Hasegawa
14 Amy Ikari
28 Elaine Wikkramatilleke

Anniversaries

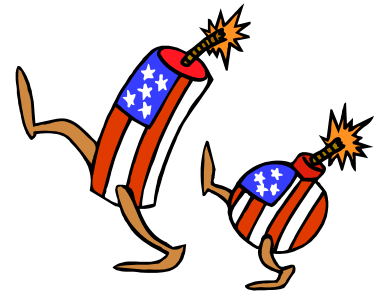
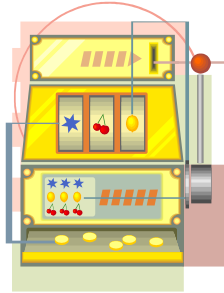
July

25 Fred & Anita Davis

August

22 Ray & Dolores Harbold
28 Norm & Joanne Haroldson

Photo Page



Laughlin Trip



2010-11 Installation



2010-11 Installation



Pacific Southwest Region Officers



2010 Fireworks Booth

Our Y's Service Club was lucky this year to acquire a permit to run the TNT Fireworks Booth at Sam's Club. We will begin on Monday June 28th and will conclude on Sunday July 4th.

We will start our setup on Monday June 28th at 8:00 a.m. and open for business around 12 noon. We will have our usual shifts 10:00 to 2:00, 2:00 to 6:00, and 6:00 to 10:00 each day. We will do our tear down and box up after 10:00 p.m.

On July 4th. The way it looks right now our return will not be until July 5th At 1:00 p.m. in the usual Carson place.



We have secured a small RV to serve as our generator, restroom, and secure location for the overnight security. The annual fire training will take place June 23rd at City Hall at 6:00 p.m. We are getting our cash registers worked on so they are ready for the fireworks week. We will be conducting training on the registers at our June 24th meeting at the YMCA. Of course we will give refreshers during the booth operation.

Please sign up for as many shifts as you can this year. Our busy time will be the final three days July 2-4th, so whatever shifts you can work those days will help greatly.

NEW OFFICERS FOR 2010 – 2011



We installed our new officers for the 2010 – 2011 on the evening of June 24th at our YMCA. They are:

President, second term, **Laurel Ojeda**;
Vice President, **Jose Ojeda**; Secretary,
Amy Ikari and Treasurer, **Fred Davis**.

President **Laurel** greeted everyone and thanked all for helping and guiding her this past year. (Editor's note: **Laurel**, a first time president, has done a great job leading and representing our club.) We went Pot-Luck this year and had a very good assortment of food to choose from salad to dessert.

Donna Ward presented the Service Year pins: 5 Years, **Anita Davis**, **Amy Ikari** and **James Wikkaramatilleke**. 10 Years, **Nancy Wood** and 20 Years, **Ann Moler**. 25 Years, **Donna Ward** and **Suzanne Hasegawa**. 30 Years, **Martha Kawada** and **Phyllis Ginder**. **Congratulations to all!**

The Y's Em Up is going Green!

It has been a several issues now since we have been sending the Y's Em Up through email. Let us know what you think!

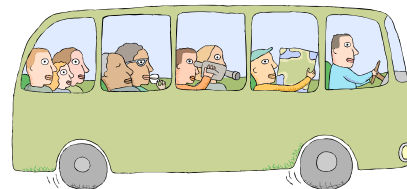


Here are just some of the benefits of going email only on the Y's Em Up:

- Saves Trees, Using Less Paper!
- Saves Club Money from Postage costs!
- Get your issue faster!

Send an email to ysemup@rndimages.com or to DickbonnieW@aol.com

LAUGHLIN TRIP



It had been a year since our last trip to Laughlin and the bus was filled with eager passengers. The weather had been almost cold prior to leaving on May 24th, but in Laughlin it was just beautiful, some wind and temps in the 80's.

We stayed at the Riverside Casino and took advantage of the 2 free Breakfast Buffets and one free dinner Buffet. Tuesday afternoon we walked across street to the mall and seen the movie "Crazy Hearts". That evening we all (nine of us) had dinner at the Riverside's Casa Serrano, an authentic Mexican restaurant where the food was excellent. Thanks again to **Bert Dulac** who paid the bill from his winnings. **Thanks Bert!**

It was a great trip with everyone while filling off the bus said, "Let us know when the next trip will be!". That will probably be in October or next May. We will see. Club members attending were: **Jose & Laurel Ojeda**, **Bert & Georgette Dulac**, **Norm & Joey Haroldson**, **Bonnie Werts** and **Jim & Audrey Mueller**, Seal Beach Leisure World.

69th International Convention
Yokohama, Japan
August 5-9th, 2010

Bill Ward
1936-2010



Bill was born in a log cabin in Northwestern Arkansas on July 12, 1936. During World War II, when he was six years old, his family moved to California to find work in the defense industry.

Bill grew up in Orange County attending schools there until his Junior Year of college when he transferred to Pepperdine, graduating in

1958. That's where he met **Donna** and they were married during his first year of teaching (1959). Nearly all 80 of their students were in attendance at the wedding!

Bill spent 38 years as a teacher and coordinator for Los Angeles Unified Schools, retiring in 1996. He loved teaching and his students loved him. He was a strong male presence in the elementary schools where he taught. During his early career he earned his Master's Degree in Education from Pepperdine University.

Bill, Donna and sons enjoyed numerous camping trips in the US and Canada, seeing many beautiful and historical sites. One summer they spent eleven weeks "on the road" with their travel trailer. Many good memories remain of the valuable family time spent together and one of **Bill's** favorite places in the world was the California Redwoods.

Bill served in the California National Guard for 25 years retiring with the rank of Lieutenant Colonel in 1979.

Bill was a member of the Gardena First United Methodist Church for many years, serving on committees, chairing the Trustees and singing in the choir, before he switched his membership to Torrance First United Methodist Church in 2001. At Torrance First he served on committees and sang in the choir. He was very sorry his health kept him from singing with the choir for the past year.

Bill began working in YMCA programs while he was still in college. When his sons were old enough he participated with them in the YMCA Indian Guide program for nine years. Continued in next Column...

Bill Ward.... Continued from Left Column

In 2001, **Bill** was honored by the YMCA of Metropolitan Los Angeles by being included in The Golden Book of Service. A very limited number of people have received this honor. More recently, **Bill** was an active member of the YMCA, working out at least two or three times a week, until he had to end his membership last August due to his declining health.

Bill was a member of the Gardena Valley Y Service Club (formerly called Y's Men), a service club for the YMCA and gladly gave his time volunteering for Y and community projects. In 2002-2003, he served as International President of Y's Men International, traveling all over the United States and to countries around the world. He was a hard worker and grateful for the opportunity to make friends near and far, spending time in their homes and opening his home to them when they were in California. He was proud of the fact that he had been in all 50 states and 32 foreign countries. Many of the people in those states and countries requested to be on the e-mail list of nearly 100 names of family and friends that Donna amassed keeping them all posted on **Bill's** health through this period of his life.

He leaves behind his wife, Donna, his son, Ray (Karin) Ward, his son Doug (Joy) Ward, his son Bob (Marliese) Ward, and three grandchildren who have given him so much pleasure - - - Opal, Elliot and Hayden Ward. He was quite despondent when he realized he would not be around to watch the grandkids finish growing up. He mentioned recently that he hoped each family member knew how very much he loved them.

Reprinted from the Daily Breeze.

If you were unable to attend the service...

A digital audio copy of **Bill Ward's** Memorial Service can be found here:

http://firstumctorrance.org/audio/billward/memorial_ward_100605.mp3

Bob Young
1925-2010



We are all saddened by the passing of our valued friend and Y's Man **Bob Young**. **Bob** was a quiet but active member for many years. He joined our Y's Men's Club in April 1984. He served as President in 1993-94 and again in 1997-98. He also served as Treasurer for several years and as a Director. He also served on the YMCA Board of Managers. His name was entered in the YMCA Golden Triangle in 1991 for his valuable service to the Gardena/Carson Family YMCA.

Bob spent many hours at the Y camps keeping them in good condition. When the bunk beds at Camp Whittle were deemed unsafe, **Bob** designed and prefabricated an approved bunk beds in his garage. With the help of other Y's Men they spent three weekends assembling the beds for Camp Whittle.

Bob was always involved in the many projects and programs at the YMCA.

He was married to Jose for 23 years, whom passed away a few years ago after a long illness.

Bob will be greatly missed but long remembered. He is survived by his daughter, Judy Owens of Hemet, CA.

Ray Harbold

Chaplain's Corner

Ann Moler, CE Chairman

“Seven times he said, ‘Go again.’”

1Ki 18:43



Elijah the prophet told King Ahab that the drought in the land was over and the rains were coming. Then Elijah told his servant, “Go up now, look toward the sea.” So he went up and looked, and said, “There is nothing.” And seven times he said, “Go again.” Then it came to pass the seventh time, that he said, “There is a cloud, as small as a man’s hand, rising out of the sea!” So he said, “Go up, say to Ahab, Prepare your chariot, and go down before the rain stops you’ ... in the meantime... the sky became black ... and there was a heavy rain” (vv. 43-45). Notice, seven times Elijah said, “Get up and go again.” You must persist! If you don’t, you’ll miss what God wants you to have. Furthermore, if you don’t recognize and celebrate small miracles “the size of a man’s hand,” you’ll miss the bigger ones so essential to your future.

Beth Ann DeCiantis had to complete a twenty-six-mile marathon in less than two hours and forty-five minutes to qualify for the Olympics. She reached the final straightaway at 2:43, with just two minutes left. Two hundred yards from the finish she stumbled and fell. Dazed, she stayed down for twenty seconds. The crowd yelled, “Get up!” The clock was ticking – less than a minute to go. Beth Anne staggered to her feet and began walking. Five yards short of the finish, with ten seconds to go, she fell again. As the crowd cheered her on, she crossed the finish line on her hands and knees. Her time? Two hours, forty-four minutes, fifty-seven seconds. So the word for you today is “Get up and go again.”

From: Daily Devotional – The Word For You Today

Submitted by

Nancy Wood for Ann Moler

Update on Bill Ward

Thanks from **Donna** and Family

The family of **Bill Ward** thanks you for the many prayers, cards, and gifts of food while he was living. The family also gives thanks to those who offered comfort, prayers, food and sympathy cards in addition to those who attended his memorial service and/or donated to the Bill Ward Memorial Fund following his death.

Love,
Donna Ward and Family



Our Annual Club Picnic will be August 29th, 2010 at Freeman Park in Gardena from 12:00 PM to 4:00 PM

LIGHTS ... CAMERA ... BURBANK!

A Premier Engagement,

Brought to all OUTSTANDING
Members of

The Pacific Southwest Region

63rd Annual Convention

October 8, 9 and 10, 2010

Los Angeles

Marriott

Burbank Airport
Hotel

Weekend Registration includes:

- ✓ **4 meals**, including the GALA Dinner
- ✓ **Excursions** to outstanding Attractions of Southern California
- ✓ Exciting, Dynamic and Relaxing **Forums**
- ✓ Parallel participation with **Youth Convocation**
- ✓ Opportunities for **Fellowship**
- ✓ Up to the minute **Y'sdom** Training
- ✓ **Fun ... Awards ... Surprises ... Gifts ...** and **...ENTERTAINMENT!**

Early Registration price of \$120 will be offered through **September 14, 2010**. Thereafter, Weekend Registration may go up to \$175. The price for a room is \$109 per night, **up to 4 Occupants allowed**. Parking \$ not included. Hotel arrangements need to be made by members. Call **800-736-9712**.

We're going to Roll the Red Carpet OUT for YOU!

International Emphasis for July is International Brother Clubs & in August the Brotherhood Fund

Dates to Remember

| | | |
|------------------|-----------|--|
| July | 15 | Business Meeting, YMCA, 7:30 PM. |
| August | 12 | Business Meeting, YMCA, 7:30 PM. |
| | 29 | Annual Club Picnic, Freeman Park, Gardena, 12:00 PM |
| September | 9 | Business Meeting, YMCA, 7:30 PM. |
| | 23 | Dinner Meeting, YMCA, 7:00 PM. |
| | 27 | YMCA Gold Classic, Rolling Hills Country Club. |

Gardena Valley Y's Men's Club Roster

| | | | |
|----------|-----------------------------|--|-------|
| 532-6036 | Davis, Fred/Anita | 2027 West 149th Street, Gardena | 90249 |
| 832-7051 | Dulac, Bert/Georgette | 41 Avendia Corona, Rnacho Palos Verdes | 90275 |
| 523-3470 | Echnoz, Audrie/Jeremy | 1000 W. Artesia Blvd., Gardena | 90248 |
| 324-5610 | Ginder, Phyllis | 15430 Atkinson Ave, Gardena | 90249 |
| 324-0884 | Harbold, Ray/Dolores | 15015 Mariposa Ave, Gardena | 90247 |
| 540-1055 | Haroldson, Norm/Joanne | 21606 Scannel Avenue, Torrance | 90503 |
| 323-9356 | Hasegawa, George/Suzanne | 16126 Daphne Avenue, Torrance | 90504 |
| 612-4096 | Ikari, Amy | 16948 Halldale Ave. , Gardena | 90247 |
| 324-7693 | Kawada, Martha | 16417 Denker Ave, Gardena | 90247 |
| 329-3805 | Major, Ruth/Phillip | 1469 West 187th Place, Gardena | 90248 |
| 538-1349 | Moler, Ann | 15209 S. Gramercy Place, Gardena | 90249 |
| 679-5570 | Ojeda, Jose/Laurel | 13522 Cerise Ave, Hawthorne | 90250 |
| 532-8510 | Randall, Sue | 1953 W. 185th St, Torrance | 90504 |
| 329-4458 | Vasquez, Lee/Betsy | 15508 Parron Ave, Gardena | 90249 |
| 329-7895 | Ward, Donna | 17909 Mahnattan Plcae, Torrance | 90504 |
| 370-9136 | Werts, Bonnie | 21013 Ladeene Ave. #D, Torrance | 90503 |
| 719-9767 | Wikkratilleke, James/Elaine | 2521 Artesia Blvd., Torrance | 90504 |
| 324-7672 | Williams, Scott | 16010 S. Orchard Ave, Gardena | 90247 |
| 323-0173 | Wood, Nancy | 15209 S.Gramercy Place, Gardena | 90249 |
| | | | |
| 523-3470 | Gardena-Carson YMCA | 1000 W. Artesia Blvd., Gardena | 90248 |

All cities listed are in California.

'10—'11 Club Officers

President.....Laurel Ojeda
 Pres. Elect.....Amy Ikari
 V-President.....Jose Ojeda
 Secretary.....Amy Ikari
 Treasurer.....Fred Davis
 Past President.....Ann Moler

Directors

Bert Dulac
 Suzanne Hasegawa
 Ann Moler
 James Wikkratilleke

Honorary Y's Men

Lou Cacia
 Al & Floyd Chisam
 Steve Difani
 Sam Fujimoto
 Joey Haroldson
 Richard Hodges
 Hank Ishida
 Chuck Maciejewski
 Audrey & Jim Mueller
 Ray Seto

Brother Clubs

Järfälla Y's Men's Club, Sweden
 Jinja Y's Men's Club, Uganda
 Kaimuki Y's Men's Club, Hawaii
 Kumbanad Y's Men's Club, India
 Setagaya Y's Men's Club, Japan



1966-1968-1969
 1970-1971-1972-1975-1976
 1981-1982-1983-1984-1985-1986-1987-1988-1989
 1990-1991-1992-1993-1994-1995-1996-1997-1998-1999
 2000-2001-2002-2003-2004-2005-2006-2007-2008-2009

July—August 2010

Gardena Valley Y's Men's Club
 1000 W. Artesia Blvd.
 Gardena, CA 90248



Motto: To acknowledge the duty that accompanies every right.