



# 'em up

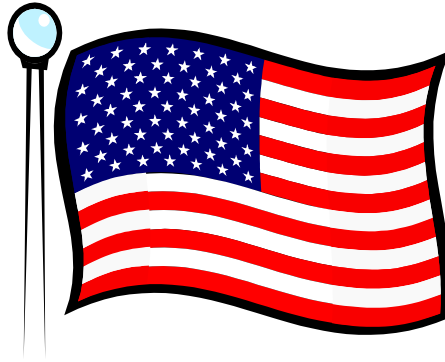
Serving the YMCA and the Community since 1947  
Home Club of International Presidents Bill Ward (2002-2003) and Jim Mueller (1976-1977)

SEPTEMBER—OCTOBER 2011

VOLUME 64 ISSUE 2



**Our Prez Says**



**Echnoz's Notes**

Thank you very much for all of you who came to the Welcome to the New Year Dinner which took place on August 11<sup>th</sup> 2011 at the Torrance Marie Calendar's restaurant. I am thankful that so many of you were able to come. The world continues to experience turmoil, but I hope that pray that the continuity of events such as our PSR Convention will play a part in your future schedule. As the fall season begins, the leaves change and also the weather, I pray that our Y's Dom will continue to be very stalwart and faithful. I look forward to our induction of our new member – Janice Otsuji and also to our major Fall events such as the Fish Fry at the home of Henry Fox, the Gardena Beautiful Day, the PSR Convention and our business meetings. May our changing of the seasons be smooth and filled with His Love and Laughter. I give thanks for each of you!

**Amy**

Hey my friends! ~ What an amazing, wonderful, fun and exciting Summer! Did you know we had over 150 kids here at the Y everyday this summer for Summer Day Camp! It was incredible! Also, despite a 3 week pool closure to replace the pipes, our pool has never had a greater number of swim lessons in one summer! Just think of the lives affected by this. The children smiled and laughed and splashed, and little did they know their confidence was being boosted as their parents beamed with pride. Don't forget Camp Whittle! The kids had a blast and Y camp was fabulous. *Ahhh.... I love this job!*

Save the date for the branch **Annual Dinner on November 17<sup>th</sup>**. This year will be spectacular! It will be held at the Home Depot Center and Assemblyman Warren Furutani will be our guest speaker. You won't want to miss this!

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**Echnoz's Notes From Page 1**

It is so nice to see Sue at the Y working out! Stop in anytime and say HI! I love seeing all of you at the Y.

Thank you for all your work and love.

You all continue to inspire me.

**Audrie**

**International Website**  
[www.ysmen.org](http://www.ysmen.org)

**US Area Website**  
[www.ysmenusa.com](http://www.ysmenusa.com)



**YMCA**

**Service Dates**

**September**

<b>Ann Moler</b>	<b>1990</b>
<b>Bert Dulac</b>	<b>1991</b>
<b>Nancy Wood</b>	<b>2000</b>

**October**

<b>Lee Vasquez</b>	<b>1962</b>
<b>Norm Haroldson</b>	<b>1967</b>
<b>Ruth Major</b>	<b>1976</b>
<b>Suzanne Hasegawa</b>	<b>1985</b>
<b>Audrie Echnoz</b>	<b>2008</b>
<b>Dave &amp; Ruth Myers</b>	<b>2010</b>

**Birthdays**

**September**

<b>5</b>	<b>Ruth Myers</b>
<b>9</b>	<b>Dave Myers</b>
<b>4</b>	<b>Anita Davis</b>
<b>17</b>	<b>James Wikkramatilleke</b>

**October**

**Anniversaries**

**September**

<b>3</b>	<b>James &amp; Elaine Wikkramatilleke</b>
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**October**

<b>29</b>	<b>Lee &amp; Betsy Vasquez</b>
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**39TH ANNUAL**

**YMCA OF METROPOLITAN LOS ANGELES  
 PRESIDENT'S CLUB DINNER**

Wednesday, October 19, 2011, 6:30PM  
 California Science Center

**Next Deadline**  
**October 15, 2011**

Opinions expressed in this Publication are those of the authors and do not reflect official club policy.

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**Gardena-Carson YMCA**  
 1000 W. Artesia Blvd  
 Gardena, CA 90248  
 (310) 523-3470

**Photo Page**



**Amy's Club Dinner**



**Amy's Club Dinner**



**Fireworks Booth 2011**

### 2011 Fireworks

Thank you to our Y Service Club Members and YMCA Volunteers for all the hard work on this year's Fireworks.

I believe this year in spite of a few issues, was the best run fireworks we have ever had.



Everyone who worked did a fantastic job, I cannot say thank you enough.

It is a busy 7 days but worth it for our groups.

Any suggestions for improvements are welcomed for a better operation in 2012.

We did not do as well financially as we had hoped but well enough to support our operations.

**Fred**

### Chaplain's Corner

#### When Jesus Sleeps

*And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He [Jesus]*

*was in the stern asleep on a pillow. And they awoke*

*Him and said to Him,*

*"Teacher do you not care that we are perishing?"*

*Mark 4:37-38 (NKJV)*



There's an interesting contrast when it comes to the

behavior of Jesus and the behavior of His disciples, who really represent us in so many ways. We often find that they are asleep while Jesus is wide awake and in prayer (Matthew 26:39-46). But we also see the reverse. As the passage before us shows, there were times when Jesus was sleeping while the disciples were fully awake.

The difference, though, is that the disciples weren't in prayer but were frantically bailing seawater out of their boat and exerting every ounce of energy they had to avoid sinking. Let's be honest, we probably wouldn't have acted any differently. And yet, there's Jesus, sound asleep in the stern. What are we supposed to take away from that?

Jesus' sleeping speaks to the sense of security He had. He knew that His Father had a specific purpose for His life that had to be fulfilled. Regardless of how dark the skies were, how high the waves were, or the amount of water in the boat, Christ's sense of security in His Heavenly Father's agenda trumped all else.

We don't have the same calling or destiny as Jesus. We aren't going to be offered as the perfect Passover sacrifice for the sins of mankind. However, we can embrace that same sense of security that enabled Jesus to rest in the storm. We can relax, knowing everything that happens in life, even the life-threatening storms, will work together for our good and God's glory (Romans 8:28).

*Why? Are all those storms good?* No. But they are in the hands of a good God, and He'll use them to benefit us and to reflect His goodness. Our Heavenly Father is worthy of our trust, and we can rest securely in Him, just as Jesus did.

From [www.activeword.org](http://www.activeword.org) by Pastor Bob Coy



### Third Annual Labor Day Weekend Fish Fry at the Foxes

*Date: September 3, 2010*

*Time: 2 PM to ... ?*

*Where: Hank's Drive-In*

*2319 W. 241<sup>st</sup> Street*

*Lomita, CA, 90717*

*Please bring salad/appetizer/finger food or dessert to share.*

*RSVP: Name and number attending to  
[leannafox@aol.com](mailto:leannafox@aol.com) by Wednesday, September 1.*

*Henry and Jose will be your chefs again.*



Y Service Club International  
*presents*  
**PACIFIC SOUTH WEST REGION 64TH  
ANNUAL CONVENTION**  
*September 30th, October 1st and 2nd*  
**JOIN THE SCENE  
IN SCENIC SAN DIEGO.**

The Embassy Suite San Diego - La Jolla, 6550 La Jolla Village Drive, San Diego, CA 92122  
www.sandiegolajolla.embysuites.com  
King suite: \$109.00 per night plus tax  
Early Registration: \$130.00 per person. After August 31st, it will be \$140.00  
Includes lunch, dinner, entertainment and free parking.  
Free Breakfast and Happy Hour every day  
Great location right across from the Westfield Shopping Center  
World famous San Diego Zoo, Sea World and beautiful beaches close by.



### Email Hoaxes Continue to Target Members From ysmen.org

Many members were recently the target of an email scam that attempted to convince recipients that a fellow member was in distress in Aberdeen, Scotland and urgently required funds to solve the dilemma. IHQ asks all members to become familiar with these types of hoaxes and to take care to protect your email account passwords and other personal details at all times.

Here are some examples of hoax and spam emails recently received by members and reported to IHQ. If you have any doubts about any email you receive, you can paste the contents of the email into a search engine such as Google - many websites will list the most common scams. The site [www.hoax-slayer.com](http://www.hoax-slayer.com) adds new articles every week, educating web users about email and Internet security issues.

Portraying to be the victim, the hacker uses the victim's account to send a notice to their contacts. The notice claims the victim is in immediate need of money due to being robbed of their credit cards, passport, money, and cell phone; leaving them stranded in London or some other location. Some claim they only have a few days to pay their hotel bill and promise to reimburse upon their return home. A sense of urgency to help their friend/contact may cause the recipient to fail to validate the claim, increasing the likelihood of them falling for this scam.



### INTERNATIONAL EMPHASIS FOR SEPTEMBER IS COMMUNITY SERVICE & OCTOBER IS EXTENSION AND MEMBERSHIP

#### Dates to Remember

<b>SEPTEMBER</b>	<b>8</b>	<b>Business Meeting 7:30 PM</b>
	<b>17</b>	<b>Make Gardena Beautiful Day</b>
	<b>26</b>	<b>21st Y Golf Tournament, Seal Beach</b>
	<b>30</b>	<b>2011 PSWR Convention, San Diego</b>
<b>OCTOBER</b>	<b>1-2</b>	<b>2011 PSWR Convention, San Diego</b>
	<b>19</b>	<b>YMCA LA Presidents Dinner, California Science Center 6:30 PM</b>

Gardena Y Service Club Roster

532-6036	Davis, Fred/Anita	2027 West 149th Street, Gardena	90249
832-7051	Dulac, Bert/Georgette	41 Avendia Corona, Rancho Palos Verdes	90275
523-3470	Echnoz, Audrie/Jeremy	1000 W. Artesia Blvd., Gardena	90248
324-5610	Ginder, Phyllis	15430 Atkinson Ave, Gardena	90249
324-0884	Harbold, Ray/Dolores	15015 Mariposa Ave, Gardena	90247
540-1055	Haroldson, Norm/Joanne	21606 Scannel Avenue, Torrance	90503
323-9356	Hasegawa, George/Suzanne	16126 Daphne Avenue, Torrance	90504
612-4096	Ikari, Amy	16948 Halldale Ave. , Gardena	90247
324-7693	Kawada, Martha	16417 Denker Ave, Gardena	90247
329-3805	Major, Ruth/Phillip	1469 West 187th Place, Gardena	90248
323-0173	Moler, Ann	15209 S. Gramercy Place, Gardena	90249
487-6887	Myers, Dave/Ruth	4891 Sharon Dr, La Palma	90623
679-5570	Ojeda, Jose/Laurel	13522 Cerise Ave, Hawthorne	90250
532-8510	Randall, Sue	1953 W. 185th St, Torrance	90504
329-4458	Vasquez, Lee/Betsy	15508 Parron Ave, Gardena	90249
329-7895	Ward, Donna	17909 Mahnattan Place, Torrance	90504
370-9136	Werts, Bonnie	21013 Ladeene Ave. #D, Torrance	90503
719-9767	Wikkramatilleke, James/Elaine	2521 Artesia Blvd., Torrance	90504
323-0173	Wood, Nancy	15209 S. Gramercy Place, Gardena	90249
523-3470	Gardena-Carson YMCA	1000 W. Artesia Blvd., Gardena	90248

All cities listed are in California.



1966-1968-1969  
 1970-1971-1972-1975-1976  
 1981-1982-1983-1984-1985-1986-1987-1988-1989  
 1990-1991-1992-1993-1994-1995-1996-1997-1998-1999  
 2000-2001-2002-2003-2004-2005-2006-2007-2008-2009

**'11—'12 Club Officers**

President.....Amy Ikari  
 Membership Chairman..Jose Ojeda  
 Secretary.....Laurel Ojeda  
 Treasurer.....Fred Davis  
 Past President.....Laurel Ojeda

**Directors**

Bert Dulac  
 Suzanne Hasegawa  
 Donna Ward  
 James Wikkramatilleke

**Honorary Y's Men**

Lou Cacia  
 Alta & Floyd Chisam  
 Steve Difani  
 Sam Fujimoto  
 Joey Haroldson  
 Richard Hodges  
 Hank Ishida  
 Chuck Maciejewski  
 Audrey & Jim Mueller  
 Ray Seto

**Brother Clubs**

Järfälla Y's Men's Club, Sweden  
 Jinja Y's Men's Club, Uganda  
 Kaimuki Y's Men's Club, Hawaii  
 Kumbanad Y's Men's Club, India  
 Setagaya Y's Men's Club, Japan

**SEPTEMBER—OCTOBER 2011**

Gardena Valley Y's Men's Club  
 1000 W. Artesia Blvd.  
 Gardena, CA 90248

