



"To Acknowledge the Duty that Accompany's Every Right"

BBQ Chicken Sale Resumes

Members were informed that the Kalihi YMCA's BBQ Chicken Sale will take place on October 6. The sale was discontinued for about 3 years, as the staff and board members of the Kalihi Y had to spend more time in the the building construction and phasing in the programs of the new facility during the past several years, so the

annual chicken sale was cancelled.

This year, whole chickens are being sold for \$8 apiece. The chickens will be cooked at the vendor's facilities, and brought to the YMCA for distribution. Members are urged to sell tickets and sign up for Saturday, October 6 to help with packaging and distribution. ▼

Foodland Give Aloha Program

Members are reminded to send in their donations to the Kalihi Y's Men & Women's Club, c/o the Foodland Give Aloha Program this month. Keep a record of your donation

and let our Treasurer, Dick Wong know what you have given. Foodland and other sponsors will be giving matching donations to the club, so please **Kokua!**

Kalihi YMCA News

By Tony Pfaltzgraft, Kalihi YMCA Co-Executive Director

August and September always have a kind of a "New Year" feel to them: schools are back in session, new programs are being launched and a new Board of Manger's year is about to begin. Public schools went back into session earlier than ever, and this has presented us with many challenges. Foremost on that list would be struggles we've had trying to hire adequate staff for our A+ programs. In particular, it has been very hard to find qualified staff for Pearlridge Elementary which is our biggest A+ site. The good news for our childcare department is that we've gotten off to a fine start at our newest school, Lanakila Elementary. Staff at the

school have complimented Kalihi Y staff for the "well run" program we've been offering.

For the first time in almost three years, we will be holding our annual chicken sale on October 6th. The chickens we will be selling will be same product from State Poultry that we have sold in previous years. For the second time ever, we will be offering whole chickens and our goal is to see if we can get our total sales up to 1000 chickens this year. That is probably ambitious given the break from the sale that has occurred in recent years. I will have a sign up sheet for help on October 6th that I'll bring to our next meeting. ▼

Celebrations

SEPTEMBER

Foodland Give Aloha Program

Month: Make contributions to Kalihi Y's Men's Club through this program.

Sell Huli Chicken Tickets

- 21 Membership Meeting Project:
6:30 p.m., Kalihi YMCA. Dinner
Hosts: Sally, Willie, Wayne, Mike.

OCTOBER

- 1 Annual Membership Dues & Rosters Deadline
- 6 Huli Chicken Sale: Kalihi YMCA
- 7 Children and Youth Day: State Capitol, 9:00 a.m.
Y's Men's Make a Difference Day

Celebrations

HAPPY BIRTHDAY!

- SEP 1 Jeremy Ogata
7 Chad Wong
11 Bianca Kusatsu
11 Chiaki Ito (Sapporo)
12 Kunihiko Sato (Sapporo)
17 Mei-Chih Chun
19 Sunny Young
23 Tsugiko Ito (Sapporo)
24 Meigan Lacuesta

HAPPY ANNIVERSARY!

- SEP 28 Anna & Mike Lacuesta

Always be nice
to your children
because they are
the ones who
will choose your
rest home.

Phillis Diller



Willie and Sally Wong, daughter Mae and hubby Brad Chun and grandchildren had a lot of fun visiting Vancouver, where they enjoyed the fireworks show, visited Granvill Island, Stanley Park and Richmond's Night Market, and then stayed at Mae and Brad's home in Seattle....Greg and Iris Lee went to visit Greg's sister in Kentucky, then visited New York, followed by a cruise to Bahamas and Bermuda...Gary and Paulette Ogata will be visiting son Kenny, who is going to school in Chicago...Randall Chun

returned to Kapiolani Community College as a part-time student to complete an Associates Degree in web design, and is also working part-time at Fisher Hawaii, an office supplies store...Want to sing? Phil Chun's group, the **Gleemen Plus** is looking for singers, especially men. During the past 6 months, the group's musical director and 3 basses retired because of ill health, and 2 others passed away. Mark Yasuhara is the new director. Practice sessions are held Tuesday evenings at the Community Church of Honolulu... ▼

LAUGH A LITTLE,
LIVE LONGER

NIGHT WATCHMAN

Once upon a time the government had a vast scrap yard in the middle of a desert. Congress said someone may steal from it at night, so they created night watchman position (GS-4) and hired a person for the job.

Then Congress said, "How does the watchman do his job without instruction?" So they created a planning position and hired two people: one person to write the instructions (GS-12) and one person to do time studies (GS-11).

Then Congress said, "How will we know the night watchman is doing the tasks correctly?" So they created a Q.C. position and hired two people, one GS-9 to do the studies and one GS-11 to write the reports.

Then Congress said, "How are these people going to get paid?" So they created the following positions, a timekeeper (GS-09) and a payroll officer (GS-11) and hired two people.

Then Congress said, "Who will be accountable for all of these people?" So they created an administrative position and hired three people: an Administrative Officer (GM-13), an Assistant Administrative Officer (GS-13) and a Legal Secretary (GS-08).

Then Congress said, "We have had this command in operation for one year and we are \$18,000 over budget. We must cutback overall cost.

So they laid off the night watchman.

— Arcamax Publishing

Thought for Today

You Always Have a Choice

Remember, you don't have to do anything. You can choose to do whatever you think is important enough to warrant your efforts. Don't lament your responsibilities as burdensome and unavoidable. Think of the positive effects of your actions—the reasons you go to work, the reasons you keep the household running.

How many times have you complained to yourself, "Why do I have to do this?" Would you believe that you

don't have to do it? Unless you are in prison, you don't have to do anything. You choose to do things.

Interviews on life satisfaction levels found that those who expressed a sense of autonomy, of making decisions for themselves, were three times more likely to feel satisfied than those who did not.

—*The 100 Simple Secrets of Happy People*, by David Niven, Ph.D. ▼

Here's To Your Health!

Info From the Doctor

A little old woman called Mount Sinai Hospital. She said, "Mount Sinai Hospital? Hello. Darling, I'd like to talk with the person who gives the information about the patients. But I don't want to know if the patient is better or doing like expected, or worse. I want all the information from top to bottom, from A to Z."

The voice on the other end of the line said, "Would you hold the line, please, that's a very unusual request."

Then a very authoritative voice came on and said, "Are you the lady who is calling about one of the patients?"

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Here's To Your Health

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She said, "Yes, darling! I'd like to know the information about Sarah Finkel, in room 302."

He said, "Finkel. Oh yes, Mrs. Finkel is doing very well. In fact, she's had two full meals, her doctor says if she continues improving as she is, he is going to send her home Tuesday at twelve o'clock."

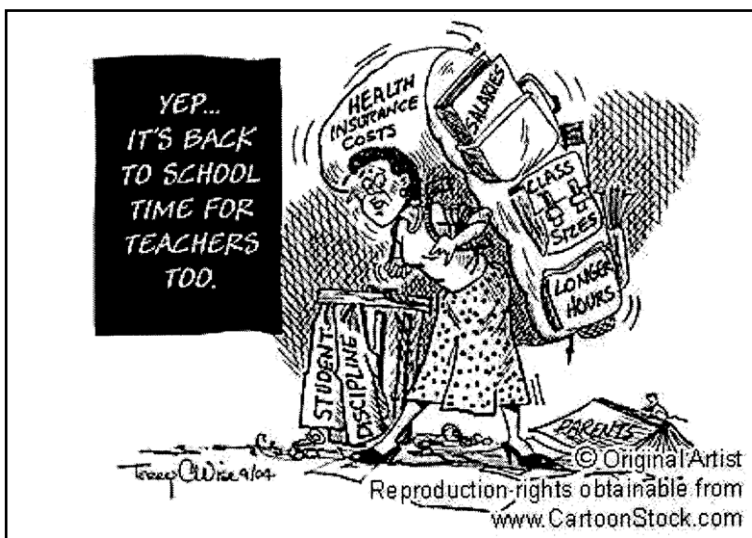
The woman said, "Thank God! She's going home at twelve o'clock! I'm so

happy to hear that. That's wonderful news."

The guy on the other end said, "From your enthusiasm, I take it you must be one of the close family?"

She said, "What close family? I'm Sarah Finkel! My doctor don't tell me nothing!"

— Bottom Line Healing Library



Club Meeting Notes

Members approved the July–Dec. 2007 and Jan–June 2008 budgets and program calendar for July 2007–June 2008. Due to the club's fiscal year and program year differences, the budget had to be set up in 6 month increments. A new program activity involving Y children visiting a fruit farm was approved. After several years absence, the huli huli chicken sale will be held again on October 6, 2007. Country Store food items prepared by members did not move as fast as previous years, but sold out after the youth performances ended and after the summer fun staff ended their duties with the children at the end of the evening. Dan reminded club members to be on lookout for fund raising work projects. Our Treasury is getting low. Much of our club's funds have been going to pay Regional, Area and International dues and programs, and members may need to review this matter.

My mom says the only reason men are alive is for lawn care and vehicle maintenance.

TIM ALLEN

METRO DISTRICT & HAWAII REGION NEWS

District Governor Russ Lynch announced that the Metro District Council will hold its meeting on the morning of the Regional Council Mid Year Meeting, scheduled for Saturday, November 24, at the Ilima Hotel. The Regional Cabinet meeting will be hosted by Regional Director Phil Sammer.

FYI is a publication of the Kalihi Y's Men Club, Chartered on January 19, 1991.

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