



# NEWSLETTER

## VOLUME I NUMBER 1 Aug-Dec 2008

Section A

*"To Acknowledge The Duty That Accompanies Every Right"*

*McKinley Johnson, President*

*Carl E. Miles, Vice President*

*Virgil H. Lucas, Treasurer*

*Lorrain Hall, Secretary*

Governor (DG) Benno Friedrich and his lovely wife Tippie, President of City North Y's Men and Women Club John Ditto and last but not least Dan Redmond, a member of the Carondelet Y Service Club.

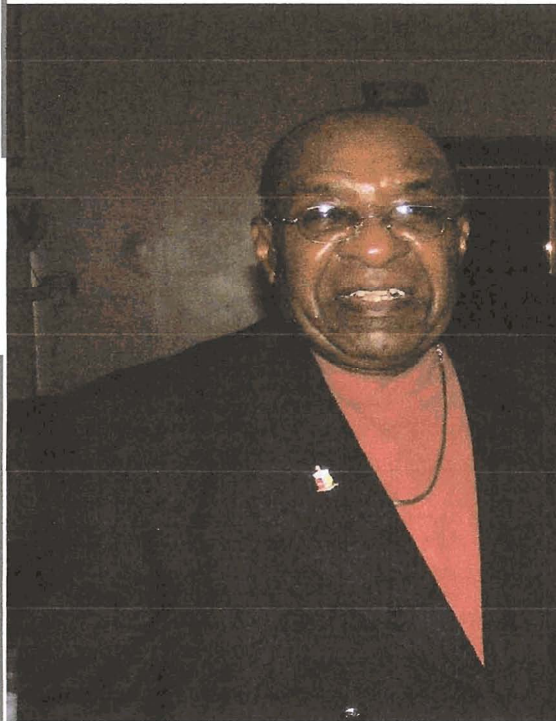
We send our sincere appreciation for our guest attendance and participation in our chartering process.

Club members be aware that we have a valuable club member in Daryle Aitch as he has a hobbie of cooking. Those of you that was in attendance at our chartering process enjoyed a soulful dinner prepared by Daryle consisting of Fried Turkey, Honey Baked Ham, Moscholi, green beans, potato salad, garden salad, assorted pastries and drinks. We had more than enough food as Daryle prepared for 40 club members and guests. Needless to say we had a lot of food left over. Actually our club member failure to attend left the club holding the bag for the catered dinner. We will discuss this at our next meeting.

My fellow club members now that we are chartered, it is now time to get down to serious work. We need to finalize a budget and plans on how we will raise the money to support our club, Monsanto Family YMCA and Y's Men International projects. All of our Standing Committees have been appointed and given their charge. It is expected that all of you will have met at least once as a group or via telephone and will have a preliminary report as of our February 12, 2009, regular scheduled meeting. All of you can count on my assistance if needed. Let us get to work for our YMCA, and/or Y's Men World Community. Remember our motto:

**"To Acknowledged The Duties That Accompanies Every Right"**

McKinley Johnson, President  
St. Louis Page Park Y Service Club



### MESSAGE FROM THE PRESIDENT

We did it! Wow, what a day Sunday, December 21, 2008, found most of our new club members gathered together for the chartering of our new club Page Park Y Service Club. Unfortunately, all charter members could not be there due to work commitments, scheduled holiday travel plans and/or just plain forgot. Those of you that missed the occasion need to know that we were honored to have as our special guests our US Area President Fred Leonard, US Corporate Secretary Debbie Redmond, US Area Webb Master Robert (Bob) Daniels, Mid-America Regional Director Jo Ann Gardner, Immediate Past Regional Director (IRD) and now

**St. Louis Page Park Y Service Club**

**Monsanto Family YMCA**

**5555 Page Blvd.**

**Saint Louis, MO 63112**

# IN RETROSPECT

Section B

## International, US Area & Region News

From the July/August 2008 Mid-America Exchange, Jo Ann Gardner, RD MAR, requested that all clubs in the MAR think outside of their box. Have a club brainstorming session to come up with an activity that your club never had done before. It could be a fund-raiser or a community service activity. She states that doing something you have never done before, is an excellent way to energize your club, which in turn may attract new members. Plus, Club members will feel they have a personal connection to this project.

From the Y's Alliance, dated June 2008, there was an article on Asset-Building Ideas for Religious Educators, which I believe needs to be reviewed once again. It states the following: Chances are good that one reason you agreed to teach a religious education class is that you care a lot about young people and want to see them thrive. Your commitment to young people and your involvement in their lives can have a big impact on their developmental assets as well as on their spiritual growth. Here are some things you can do to help build their assets:

- >**Show each young person in your class or group that you care about her or him.** Greet each one personally. Notice when they are absent. Say hi to them outside of the religious education Hours.
- >**Create a climate in which young people's opinions and experiences are valued and respected.**
- >**Let children and youth help chose and adapt the curriculum you use.**
- >**Connect classroom learning with service to others.** Have your class play with or read books to children in the nursery. AHave your class prepare and teach a class to younger children about peaceful conflict resolution.

>**Be clear about how you expect the young people in your class or group to behave.** Set and enforce clear and fair ground rules. Teach young people the boundaries on behaviors that are integral to the life of a believer in your faith tradition.

>**Create meaningful activities for young people that help them stretch and grow,** not just fill up the time you have together. You can start by involving them in planning and leadership.

>**Make lessons interesting, engaging, and relevant to young people's lives.** Be creative not only with the content but also with the format. Do some handson activities or games that teach and are fun. Take the young people on a short field trip during your time together.

>**Give young people opportunities to learn, practice, and teach social competencies.** Role play different ways to respond to situations. Tie in a passage from a sacre3d text to a specific social comkpetency asset, such as asset (Interpersonal Competence), which is about friendship and treating others well.

>**Help shape young people's prsonal identity** by helping them internalize their faith and discover their own sense of purpose.

>**Find other teachers who are interested in asset building.** Meet together on a regular basis to share ideas, to discuss problems and possibilities, and to celebrate what's working in your classroom.

>**Nurture your own development as a teacher and a person of faith.** Build on the strength of the assets you have.

Even though you may not be a teacher of a religious class, but when you have the opportunity to be around our youth, asset-building such as **McKingley and Virgil** are doing in their Youth in Government classes are necessary to build the character of todays young men and women.

# *In Retrospect*

From Y's Men International publication dated 2007/2008, there are a few articles that I would like to revisit. One of the articles titled Living with your Brother, by Peter Gilbert, ISD Christian Emphasis reads as follows:

2007 was not a good year for Peace on Earth, with many conflicts causing much heartache to a great many people in many countries who struggle to survive from day to day.

Jesus said the heart of Christianity was "Do unto others as you would have them do to you."

Buddha said his Golden Rule was "Consider others as yourself. Remember that you are like other men."

We continue to treat each other with disrespect, country against country and tribe against tribe. We are all related to each other and we come from the one tribe. We must learn to live in harmony with each other.

In Ephesians Chapter 4:31-32, we read "Get rid of all bitterness, passion and anger. No more shouting or insults, no more hateful feelings of any sort. Instead, be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ."

The great statesman Nelson Mandela is a wonderful example for all to follow. He fought for what was right, spent many years in prison, rose to the highest position in his country then forgave those who had persecuted him. He is a man who stands tall in our troubled world today.

Our international movement consists of many members from many countries, religion and colour, but we are one family, striving to make this a better world for all to enjoy, and to live in harmony with each other.

In another article titled Endowment Fund Promotion, by Phil Sammer, ISD Endowment Fund Promotion, here is some of what he wrote:

The Endowment Fund is the principal means by which our movement expands in both existing and new regions. Its goals are:

To extend and develop clubs affiliated with Y's Men

International around the world.

To provide funds to solve special problems or carry out special projects which strengthen, extend and develop Y'sdom in Areas or Regions.

Each year fund trustees make available to the International Council an amount not exceeding 5% of the market value of the fund in the previous year for these projects, so it is vital to keep adding to the capital through annual donations. The most common way of donating is for a club to give a minimum of \$100.00 as a tribute to, or in memory of, a Y's Man or Woman, a club or any person involved in some way with Y'sdom. City North Y's Men & Women Club donates \$100.00 annually.

A third article titled, Brotherhood Fund Awards, by Kunio Goto, ISD Brotherhood Fund Promotion. The article reads as follows:

The Brotherhood Fund is supported by most clubs through collecting stamps or with donations of money. There are a number of awards given each year to clubs who make exceptional contributions.

A banner patch given to the ten clubs with the highest number of stamps contributed is called the Ernie Bell Award named after the International Director of Philately 1941-1964. The top club was the Odin Y's Men's Club of Odense, Denmark with \$2,650.00 worth of stamps. The second award called the Director's Award was given to the Region with the highest total contribution per club and it went to the Maritimes Region, Canada with \$730.00 per club.

A fourth article titled Working For The ASF, by C. A. Rajagopala Raja, ISD Alexander Scholarship Fund. It reads as follows:

Ninety percent of all money collected for the Alexander Scholarship Fund is retained at the local level (Country or Region) and the remaining 10% is passed on to IHQ for allocation at international level. Reporting has not always

# *In Retrospect*

been accurate and it has been difficult to establish how much is collected each year. Plans for ASF augmentation have been introduced by Y's Men International and ISD ASF has laid out a plan for action in line with this procedure. A standard reporting form and procedure was prescribed to allow final analysis at the International level. The RDs, ASD, and RSDs has been briefed about this vision through a circular with copies to the International executive officers and IHQ.

Special efforts to get in direct touch with ASDs, RSD, and club members in US and Asia Areas, especially in the Pacific Southwest, Pacific Central Regions of USA and Southeast Asia, Sri Lanka Regions of Asia. The ISD stated that he was privileged to be able to visit different parts of the Pacific Central and Pacific Southwest Regions along with Buck Cox and Karl Walther, the respective RDs.

## *October*

On the evening of October 23rd, the real business for establishing and chartering a new Y Service Club was set into motion with the selection of new club officers. The proposed slate of officers were as follows:

<b>For President</b>	<b>McKinley Johnson</b>
<b>For Vice president</b>	<b>Carl E. Miles</b>
<b>For Treasurer</b>	<b>Virgil H. Lucas</b>
<b>For Secretary</b>	<b>Lorraine Hall</b>

## **Potential Members**

<b>Cletus Agbo</b>	<b>Jehoward Primus</b>
<b>Deliazo Amerson</b>	<b>Juan Robinson</b>
<b>Charles Cobbines</b>	<b>Allie Ruby</b>
<b>Glenn Harris</b>	<b>Marie Spinks</b>
<b>Pamala Jackson</b>	<b>Rosalind Troupe</b>
<b>Elizabeth Merkel</b>	<b>Rob West</b>
<b>Phyllis Mitchell</b>	<b>Kenneth (Kenny) Williams</b>
<b>Louis Moore</b>	<b>Gary Wilson</b>
<b>Reginal Moore</b>	

The agenda for the evening's meeting consisted of the Opening, Invocation, Introduction, Review of Notes from the 10/9/2008, meeting that covered Old Business: 1) Nominating Committee Report by **Virgil Lucas**, 2) the review of final copy of the new club's constitution and by-laws 3) How often will the club need to meet from now on? New Business: 1) Decide Charter date (Must be six weeks to allow time for Int'l to complete charter) and 2) Action that we must complete before chartering (Review Charter Application).

## *November*

On November 12, 2008, our Page Park Y Service Club, held its bi-weekly meeting at the Monsanto Family YMCA. The Monsanto Family YMCA's CEO **Delayzo Amerson**, address the club and pointed out several needs such as paving the parking lot, new lockers for both the men and women's locker rooms. He also stated that Page Park would have his full support.

The club was briefed on the status of our chartering package. The **Mid-America Regional Director, Jo Ann Gardner**, indicated that the package was submitted to international and that international would deliver our charter via email in time for our December 21, 2008, Charter Ceremony.

**McKinley Johnson** pointed out that the month of February is an emphasis month for International Time-Of-Fast. Y's Men TOF is similar to the YMCA's World Service Program. The proceeds benefit the needy world wide and **McKinley** has proposed that we host a Chili Supper at his home and sell tickets to friends as an "Social Fund Raiser." He suggested that we have several types of chile, some with beans and some without. Chile with pasta and some with rice, etc. He suggested a donation of \$5.00 per ticket, which will get the bearer, Chile, Wine, and Beer.

Members **Charles Cobbins** and **Daryle Aitch**, indicated that he (Charles) would donate the beer, wine and **Daryle** volunteered to prepare the food for our charter evening on December 21.

**McKinley** informed the club that he would order our charter pins from US Area Supply, that would cost Page Park \$75.00, that will be payable before January 30, 2009.

A discussion was centered around our Y's Men Flag set as well as our Club Banner. It was mentioned that we may receive gifts and/or money from our region or other clubs around the world to satisfy this need.

**Charles Cobbins** suggested that the club appoint several committees to include budget, fundraising, program, membership and audit. Several of these committees shall be permanent and the rest adhoc. President Johnson agreed and stated that he would make several appointments at our next regular scheduled meeting.

### December

At our December 10, 2008 meeting, **President Johnson** submitted his Standing Committee Appointments and they are as follows:

**Membership Committee:** **Carl Miles, Chair**  
**Djuan Robinson**  
**Lorraine Hall**  
**JeHoward Primus**

**Finance/Budget/Fundraising Committee:** **Louis Moore, Chair**  
**Glenn Harris**  
**Charles Cobbins**  
**Virgil Lucas**  
**Marie Spinks**

**Cheer/Courtesy Committee:** **Phyllis Mitchell, Chair**  
**Ali Ruby**  
**Cletus Agbo**  
**Rob West**  
**Lance Martin**

**Program Committee:** **Daryle Aitch, Chair**  
**Elizabeth Merkel**  
**David M. Crosby**  
**Rosalind Troupe**  
**Delayzio Amerspon**

On Sunday December 21, 2008, commencing at 3:00p.m., The Page Park Y Service Club will be chartered. Our US Area Leadership Team will be our guest. Our **US Area President Fred Leonard** will give the occasion and he along with other guests will assist in the chartering ceremony and the installation of officers.

Annual Dues of \$75.00 are due by January 30, 2009.

On December 21, 2008, a grand day for the St. Louis Page Park Y Service Club. This was our club's charter date. **McKinley**, you put together a wonderful program. **Robert (Bob) Daniels** was our program's Master of Ceremony, **Charles Cobbins** gave the Invocation, **Fred Leonard, US Area President** gave us the Occasion and participated in the Chartering Ceremony along with **Debbie Redmond, US Area Corporate Secretary, Jo Ann Gardner, Mid-America Region Director and Benno Freidrich, Heartland District Governor.** **Jo Ann** and **Benno** also help one another install the Club's Officers, **McKinley Johnson, President, Carl Miles, Vice President, Lorraine Hall, Secretary and Virgil Lucas, Treasurer.** **Charles Cobbins** stepped in for Virgil at the installation ceremony.

Remarks was given by **Rob West**, who stood in for **Delayzio Amerson, CEO Monsanto Family YMCA.** Rob spoke on his Y experiences and how much both Page Park Y Service Club and City North Y's Men & Women Clubs will be needed, especially this coming 2009 year.

Club Member **Daryle Aitch** provided the great tasting food for this wonderful ceremony. Thanks **Daryle** for your outstanding job. Everyone enjoyed and was blessed to have such a great meal provided by you.

**John Ditto** presented Page Park with a light-duty easel for meeting use and **Jo Ann Gardner** presented Page Park with a Y's Men International Book signed by the International General Secretary and others from international headquarters.

# *In Retrospect*

Looking back, the chartering of the new St. Louis Page Park Y Service Club began with the following Memo:

## MEMO FOR RECORD

August 1, 2008

We are pleased to announce that several members of City North Y's Men and Women Service Club, feel that our Monsanto Family YMCA, due to its membership growth and need for volunteers as well as financial assistance would appreciate another Y Service Club to complement City North.

Therefore, we are asking some of you already a member of City North and those of you who may be potential members of a proposed Y Service Club, to meet with us on Friday, August 22, 2008, at 6:30p.m. to 7:30p.m., for the purpose of discussing the formation of an additional Y Service Club at Monsanto Family YMCA.

For those of you that ask the question "can you belong to more than one Y Service Club," the answer is yes. We are not asking any of you to resign from City North, however, we feel that the need is great for a new club with its primary goal to support the Monsanto Family YMCA and to be a complement to City North.

We need your ideas, your decision, your money as we plan for the future of a second Y Service Club at Monsanto Family YMCA. Topics of interest that will be discussed are (1) Purpose (2) Financial Cost (3) Needs of Monsanto Family YMCA (4) Possible Name (5) Meeting dates, time etc, and (6) Fund Raising Projects, etc.

If interested but cannot attend this planning meeting, please contact **McKinley Johnson, 314-652-7871** or **Virgil**

**Lucas, Jr., 314-458-3207, with your RSVP.**

Now we are on the move, we got our official Charter, our official name, elected Officers and as of December 21, 2008, 3:00p.m. at the Monsanto Family YMCA, we became OFFICIAL.

Congratulation to all of the St. Louis Page Park Y Service Club members and especially congratulations to McKinley, for all of the hard work that was involved getting the Club's Constitution, Bi-Laws and the International Charter for Page Park.

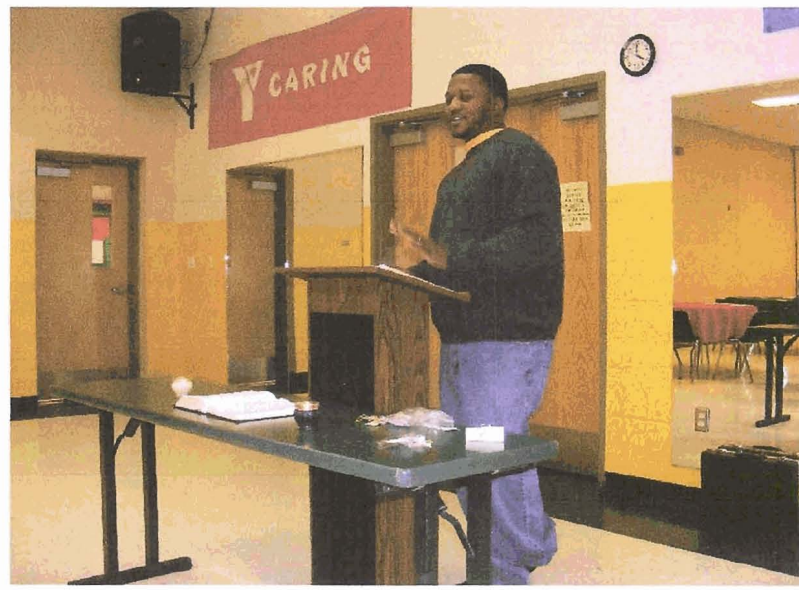
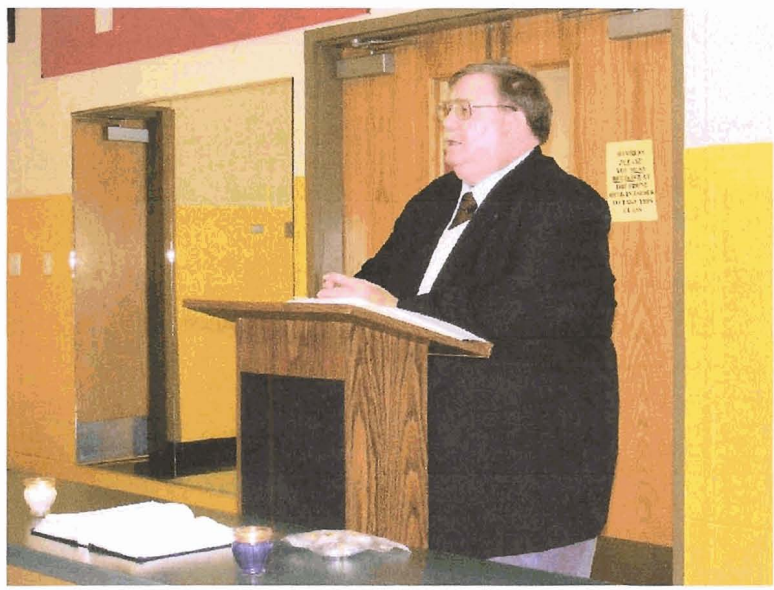
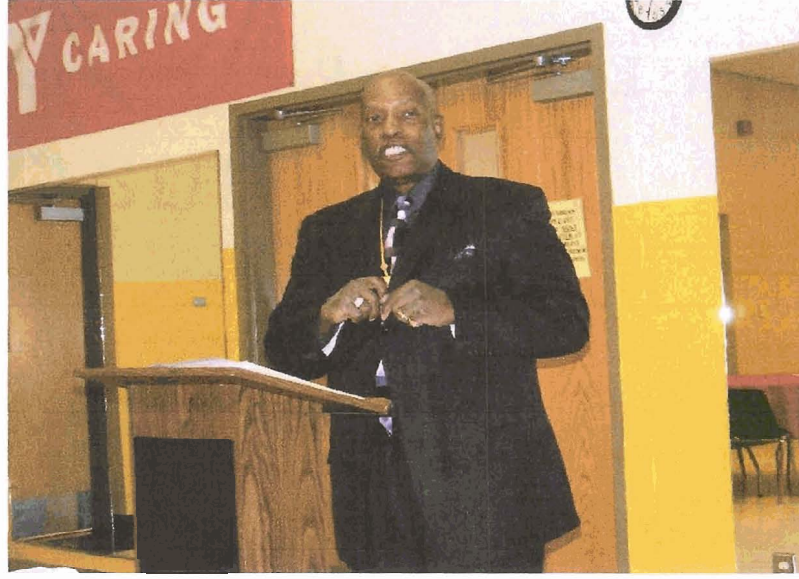
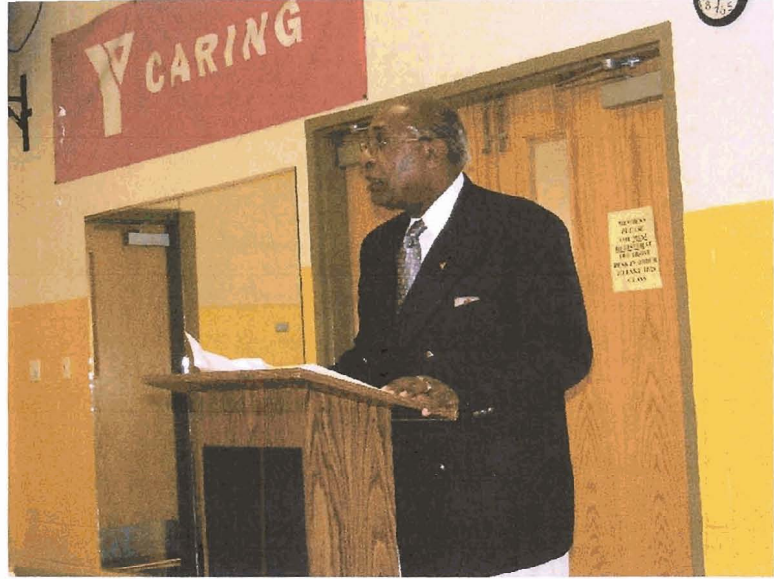
Now we are on the move to create a stronger membership, ensure appropriate emphasis on vital aspects of our club's operation. Reinforce the importance of membership responsibilities, encourage ongoing communication about membership issues and provide a direct link to our district.

We must set realistic, measurable goals, develop an action plan for meeting those goals, motivate the various committee members and other club members to pursue new members, thoroughly understand the requirements of club, district and international membership awards programs and use them to motivate our members.

Take some time to thoroughly understand your position and get organized. The time you invest in the beginning of the year will be well worth it as the months progress.

Once again, **CONGRATULATIONS** to all club members, this is a remarkable time in our new beginning and we must tell ourselves each and everyday "**YES WE CAN**" achieve any and all goals that we set for our club.

## Merry Christmas To All



*Behold, there was a man in Jerusalem whose name was Simeon, and this man was just and devout, waiting for the consolation of Israel, and the Holy Spirit was upon him.*

*Luke 2:25*

# St. Louis Page Park Y Service Club's Monthly Calendar

## January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 Happy New Year	2	3 City North Y's Men & Women Club Meeting 11a.m. to 1p.m. Monsanto Family YMCA	
4	5	6	7	8 Page Park Y Service Club Meeting 5:30p.m. to 6:30p.m. Monsanto Family YMCA	9	10	
11				14	15	16 City North Y's Men & Women Club Meeting 11a.m. to 1p.m. Monsanto Family YMCA	
18				21	22	23	24
25				28	29	30	31