

“TO ACKNOWLEDGE THE DUTY THAT ACCOMPANIES EVERY RIGHT”

# Y's CHATTER

WEST VALLEY Y SERVICE CLUB — WEST VALLEY YMCA



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THE SERVICE CLUB OF THE YMCA

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## PRESIDENT's Message

I learn allot in the Y Service Club.

Last November, during the set-up of the Tree Lot, I pinched my finger between a couple of poles and developed a bruise under my middle finger nail. It was an accident due to my tendency to move too quickly and too often without taking simple precaution. **Chuck Oswald** is probably particularly happy it was me not him that took the brunt of my own recklessness, this time.

Next year, I will try and set a good example, wear safety gear like gloves and safety glasses more often, and I will encourage my work mates to do as well.

However, like a sound, conservative investment, I have been watching as the nail grows and this black/blue spot slowly make it's out of the tip of my finger. It hasn't hurt much and, though I am happy that it is finally coming to an end, I have been able to reflect on the time it takes a nail to grow, at least in my body ... about 5 months.

In that time, the Christmas tree lot has come and gone. The Annual Campaign has also passed. The Pancake Breakfast occurred but was a bit of a challenge (because that last little bit of nail growth produces all kinds of jags and splitters that seem to catch on everything). Anyway, there you go ... the crux of our club's activity takes place, all in the time it takes for the first visible cells at the part of the cuticle closest to your heart, to the point those cell are dismissed with the nail clippers.

That means (and I am talking to my finger nails now) “by the time you 10 boys have come and



gone, our last summer Pool party will have taken place, our Club will have participated in a Rotary project, applied some care to Round Meadow and, no doubt, the 2007 Christmas trees will have been ordered. Oh, and I will probably be clipping you off with a pedicure, getting ready for the PSWR Convention (in September).“

No doubt, in that time period, the club members will have found many opportunities to do what we all have come to enjoy most, and that is, **ASSOCIATE through service** with each other and the other YMCA programs.

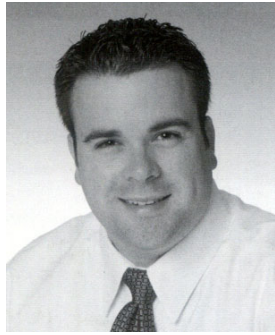
As my finger has been difficult to hide in daily activities, well intentioned people have noticed and have asked “what happened?” I have found that in answering gives me a good opportunity to tell them about the service we provide, the satisfaction of giving some effort for a great cause and the extreme pleasure I get through interaction with our Y Service Club. This bruise has been a good ice breaker for sharing our story with folks. It's also been a good example of what not to do for others. I am going to need a new conversation piece.

Hopefully, all of our members, their spouses and family will be healed, healthy and happy through the next growth spurt. It seems like many of us are battling through the rigors of growth. I know I can count on this membership to keep bolstering each other with good will and assistance. In canvassing the Club though, I know that they would want me to add ... **Nadine Elswick**, you are foremost in our thoughts and prayers, every day.

Safe Y's Men-ing to all of you!

—TIM SINGLETARY

## West Valley YMCA Healthy Kids Day and Pancake Breakfast a Success!



The 54<sup>th</sup> annual YMCA Healthy Kids Day and Pancake Breakfast at the **West Valley Family YMCA** was another huge success. Over 500 people in attendance were treated to pancakes, chicken sausage, and a host of family fun events. The YMCA Healthy Kids Day was a free, fun-filled day of activities designed to promote healthy kids and families in Spirit, Mind, and Body, while building Strong kids, Strong families, and Strong communities. The pancake breakfast, spearheaded by the **Reseda Y-Service Club**, was held to raise funds and friends for the **West Valley Family YMCA**. YMCA Healthy Kids Day is a community-based event which celebrates making fitness fun, and introduces kids to an array of YMCA programs that teach healthy behaviors and healthy ways to play — an essential lesson in learning how to take care of themselves throughout their lifetimes. Families are able to come out to the Y to view YMCA program demonstrations, tour the facility, and learn more about the great works the **West Valley Family YMCA** is doing for the local communities. The YMCA Healthy Kids Day is part of YMCA Activate America, an innovative public health initiative of the YMCA movement that is making healthy living a reality for millions of Americans. This year's lineup of West Valley YMCA participants included the **Los Angeles Police Department**, the **LA Fire Departments** who showed off their fire truck to youngsters, the **LA Kings** who gave hockey demonstrations, **City Councilman Dennis P. Zine**, **The Rotary Club of Woodland Hills** whom generously donated a children's author, the **Reseda Y-Service Club**, the **Reseda Neighborhood Council**, **Stan Goldenberg** of **West-Val Pharmacy** whom donated a \$50 gift certificate to his pharmacy, **Vahid Khorsand** of **BWF Financial**, the **Encino Chamber of Commerce Health and Wellness Committee**, **Amanda Robinson** of **Isagenix**, **Dr. David Matian**, **Sue Dubrin** of **West Valley Medical Center**, and **Dr. Joseph Almaleh**, a local family dentist who donated 10 free cleanings and exams. There were many others whom also contributed significantly to this community event.

The event also marked the kickoff of the Summer Camp signup season. This year's slate of summer camps

include week long resident camp outings at Camp Round Meadow in Big Bear, Teen Surf Camp in Coronado, Camp Chill in Catalina, a Memorial Day Family Camp outing at Camp Whittle, and day camps for children of all ages.

By celebrating health and wellness of young people through a variety of fun, physical activities, YMCA Healthy Kids Day encourages kids and their families nationwide to stay active, connected and healthy.

— SHANE RUFFIN



Pancake Breakfast crew, DENNIS ZINE, TIM SINGLETARY and members from various programs

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## EDITORS NOTES

This is our last CHATTER as editors. **ALEIDA** has been editor off and on since mid 1991. **PETE** started helping with the formatting and printing. **GLORIA** and **RALPH** each had turns at being editors. **ALEIDA** and **PETE** took over again with **ALEIDA** doing some typing and **PETE** doing the editing and formatting. It's been a great time.

**BRUCE TRENT** is taking over as the new editor, Pete will be around to answer questions if needed.

—ALEIDA & PETE

## CHRISTIAN EMPHASIS

### These Make a Home

The love of parents, dear and true,  
To dwell beneath the skies of blue,  
Country meadows, vast and wide,  
The wonder of God's countryside,  
Kindness, caring, childhood dreams,  
The happiness of magic scenes...

Touch of beauty, hopes to keep,  
Confidence, believing reaps,  
Memories we cherish still,  
Valleys deep, a climbing hill,  
Yesterdays we treasured so,  
Sun at dawning, nights aglow...

Family that's ever dear,  
Happy moments ever near,  
Laughter, sorrow - bits of each,  
Pleasures close - some out of reach,  
Togetherness - sometimes alone...  
'Tis all of these that make a home.

*Garnett Ann Schultz*

*Happy the chosen ones You bring to dwell in Your  
courts. May we be filled with the good things of  
Your house, the blessings of Your holy temple!  
Psalm 65:5*

### Pacific Southwest Region Turner Report 2006- 2007 MARCH Top Ten

1	Whitter AM	4067
2	Torrance	3857
3	Seal Beach Leisure World	3735
4	Gardena Valley	3684
5	Golden West	2897
6	West Valley LA	2881
7	East Valley	2840
8	Lohse Tucson	2780
9	Long Beach Uptown	2340
10	Westchester	2265

## SUMMER "POOL PARTIES"



JUNE 23 Pool party and Officers Induction at the **TRENTS** home.

JULY 28 Summer beach party, at the **BARGMAN**'S beach house in Ventura.

AUGUST 25 Pool party at thr **POWER**'S home

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## Y's Men Make a Differance



**El Segundo**  
**PSW Convention Sept. 28-30, 2007**

## COMING EVENTS

### MAY

- 1 Business Meeting
- 5 Officers Training at West Valley YMCA
- 15 LA City election
- 21 Officers Meeting, Monday 7:00 PM  
at Y's Mens bldg
- 22 Dinner meeting, **VOGEL & CABRAL** hosts

### JUNE

- 2 Spring Conference, Leisure World
- 5 Business Meeting
- 10 **"Hello Dolly"**, Glendale Theater

U.S.A. AREA CONVENTION  
July 12 - 15 2007  
Charleston, South Carolina

Pacific Southwest Region Convention  
September 28 - 30 2007  
El Segundo, CA

International Convention 2008  
31 July - 3 August 2008, Herning, Denmark

The Chatter is published monthly. Editor **BRUCE TRENT**. Articles may be mailed to 8503 Faust Ave West Hills, Ca 91304 or E-mailed to [bd trent@sprynet.com](mailto:bd trent@sprynet.com). All material must arrive by the 20th of the preceding month.



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