



Nuuanu Y's Men and Women's Club

1441 Pali Highway, Honolulu, HI 96813

Editor: Maurice Shimonishi  
Hawaii Region: US Area

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Nuuanu Y's Men and Women

**OFFICERS,**  
Kathy Ahlo Pres  
James Chong, Vice Pres  
Larry Hiranaka, Sec  
Stephen Wong, Treas

**MEMBERS**  
Naomi Aimoto  
Tina Alfred  
Melvin Ishihara  
Harold Kuwahara  
Glenn Matsukawa  
James Ouchi  
Phyllis Sakane  
Popovich  
Maurice Shimonishi

**International Member**  
Analee Kinney  
Kousei Watanabe  
Hidetoshi Yaji

**Honorary Members**  
Georgia Niimoto  
Helena Wallin Miller

**New Member**  
Joe Crofford

Club Facts

Meetings Held  
First Monday of the  
month Chartered  
May 29, 1964

**WE ARE A SERVICE CLUB TO THE YMCA & THE COMMUNITY.**

PRESIDENT'S MESSAGE

December is a month mixed with warm and fuzzy moments and may also be a time of concern and need. Our club decided to support the "Helping Hands" fund this year after hearing of so many families in need. According to the newspaper, the support from the community was tremendous. It is such a great feeling when you have the opportunity to help others.

Happy New Year to all of you! A new year is upon us and for some a new beginning to set new goals, lose a few pounds, and be nicer to our neighbors and the list goes on and on. This is a good thing and keeps our lives fresh and ever growing. One of our main goals is to keep our club fresh and growing as well. Keep positive and energized!

Ahlo ha,  
Kathy



Kathy Club President

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**LUNCHEON FOR MRS JAMES CHONG – YING LI**  
Jan 17 Sun YMCA Sunday after Church Services.  
Lunch to be held at Maurice Shimonishi's home, 2768 Laniloa Rd, Honolulu - Tele: 521-7256

Bento lunch and drinks & dessert.

Christian Emphasis

by MEL ISHIHARA



RAGGERS' CREED

I would be true, for there are those who trust me;  
I would be pure, for there are those who care;  
I would be strong, for there is much to suffer;  
I would be brave, for there is much to dare;  
I would be friend to all, the foe, the friendless;  
I would be giving, and forget the gift;  
I would be humble, for I know my weakness;  
I would look up, and laugh and love and lift.



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Of all the things that you wear, your expression is the most Important!

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Seek and you will find,  
Ask and you will be  
Served, Knock and the  
door Will open unto you!

Our Prayers Go To:

KAIMUKI  
HELEN USHIJIMA

HILO  
BEN INOUE  
LILY INOUE

For January we will be doing YMCA Sunday at Kawaiaha'o Church. As we Work with the YMCA, let me introduce the YMCA Youth Dept Staff.



Right: Mr. Isaac Sakamoto – Child Care Program Director

Mr. Sakamoto has worked for the YMCA of Honolulu 2.5 years (2 years at Kalihi and currently 6 months at Nuuanu) The Child Care Program Director is responsible for all Youth Department programs that involve children from Kindergarten to 5<sup>th</sup> grade. These programs include A+ after school program, intersession, furlough Fridays, summer programs, and other association child care events.

Center: Mr. Ron Okimoto – Senior Program Director (Dept. Head)

Mr. Okimoto has worked for the YMCA of Honolulu for 17 years (12 years at Mililani, 1 year at Metro, 5 years at Kalihi, and currently 5 months at Nuuanu) The Senior Program Director is the Department Head that supervises the Child Care Program Director, Teen Program Director, and other program coordinators that organize, plan, and manage the youth programs.

Left: Mr. Daniel “Franco” Heu – Teen Program Director

Mr. Heu has worked for the YMCA of Honolulu for 3.5 years (1.5 years at Kalihi and currently 2 years at Nuuanu) The Teen Program Director is responsible for all Youth Department programs that involve teens from 6<sup>th</sup> grade to 12<sup>th</sup> grade. These programs include middle school after school and weekenders, high school weekenders, summer junior leaders, teen clubs, and other association teen events.

Say Hello to them as you recognize these familiar faces!

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The Year of the Tiger from Ito san



“You must be the change if you wish to see change in the world.”  
-Mahatma Gandhi

Publication of Bulletin  
Contributors

MAHALO!  
MAE HIRANAKA  
MEL ISHIHARA  
MAURICE SHIMONISHI  
STEPHEN WONG  
NAOMI AIMOTO  
HAROLD KUWAHARA  
KATHY AHLO

DISTRICT NEWS

Metro District Governor  
Phil Chun  
Lt District Governor  
Walter Osakoda  
Secretary/Treasurer:

Ken Kadomoto  
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The Nuuanu Y's Up Club Bulletin can be viewed at the

[www.ysmenusa.com](http://www.ysmenusa.com) website. Go to Hawaii Region, Nuuanu Y's Men's Club link

RD Rick Lau & RDE Russ Lynch are ready for the Mid Year Cabinet meeting 11/21



Edgar Russell Lynch Regional Director Elect

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REGIONAL NEWS

RICHARD LAU SAYS Start saving your money to attend next year's convention!



RD Richard Lau Helping at Chicken sale

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Officers for 2008-09  
Pres – Kathy Ahlo  
VP – James Chong  
Sec- Lawrence Hiranaka  
Trea – Stephen Wong



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LUMINARIES

Happy Birthday -  
Randy Ahlo 12/15  
Miyoko Kuwahara 1/24

Happy Anniversary -

Every one – too busy for the holidays!

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The best way to Escape your Problem is to Solve it!

Our Eyes are Placed in front Because it is More important To look ahead Than to look Back



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ENDOWMENT FUND

BOB DANIELS, US AREA WEB MASTER HAS UPDATED THE ENDOWMENT FUND INFORMATION.

Go to [www.ysmenusa.com](http://www.ysmenusa.com) Then to the Golden Book awardees Input our club number 226. You'll see the list of our club Golden Book inductees.

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"You will be enriched in every way for your generosity, which produce thanksgiving to God through us; for the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgiving to God"

2 Corinthians 9:11-12 Share your wealth with the Annual Support for Youth Campaign

**Greatness is a soul generated by love.**

**69<sup>TH</sup> INTERNATIONAL CONVENTION  
YOKOHAMA JAPAN AUGUST 5-8, 2010  
BY TAK TAKEUCHI, HONORARY  
CONVENION CHAIRMAN  
MAKE YOUR PLANS TO ATTEND!**



Registration fees is 55,000 yen roughly \$550+. per person The regstration fees covers 3 dinners, 2 lunch and about a half day sightseeing tour on the 2nd day.

- Convention Theme: From Our Hands We pass Nature's Torch.**  
**8/5 Opening Ceremony/ Special Summer Festival -Japan Night**  
**8/6 Business Session/ International Dinner**  
**8/7 Forums/Area Meetings/International Pres Ball**  
**8/8 Sunday Service/ Reports Youth Convocation/ Closing Ceremony**

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**REGIONAL CONVENTION FROM DUKE CHUNG**  
**74<sup>th</sup> Hawaii Region Convention – May 15 – 16, 2010**  
**Venue: The Pacific Beach Hotel - WAIKIKI**  
**Chairman Duke Chung will call the next Convention Committee meeting after the New Year's. Start getting your donation items ready!**  
**It looks like things are now beginning to take shape for another wonderful convention on Oahu.**  
**Onolicious Bullet menu – let's EAT!**



**13<sup>th</sup> Annual Japan West Region Convention  
June 12 – 13, 2010  
International Conference Center & Rihga Royal Hotel Hiroshima Japan**

**Our Brother Club, Osaka Centennial will be part of the host club**

**Convention theme:  
To the World, Hiroshima Sends a Message of Peace**

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**PLANNING ON GOING to the International convention ARE**  
James & Gladys Kanehira, Dan & Ethel Takamatsu,, Russ & Eiko Lynch. Phil Sammer  
Start saving your money!

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SEASONS GREETINGS FROM  
ANNALEE KINNEY  
CRAIG, JEAN, KELSEY TERAMOTO  
CHRIS, HELENA, WILL, & EVIE WALLIN MILLER

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**Set your sights on your Potential, not your problems. You'll be amazed at what you see.**