

Two More Yard Projects Completed



Fujiwara garden



Chun Oakland fence

Thanks to the Club's hard working and skilled construction crew, two more projects have been completed. The first involved building a terraced garden area for Ethel Takamatsu's sister, Jean Fujiwara, in Kaneohe, and then building a vinyl fence for Phil Chun's daughter, Susie Chun Oakland.

The July garden project involved removing and transporting excess soil to another part of the yard and leveling the area, then installing brick borders with three terraced levels. The project took the entire day (8 hours) to complete. Much thanks to Bev and Dick Wong, Dan and Ethel Takamatsu, Phil Chun, Eddie Miwa, and Wayne Kim. Wayne also dug up a tree by himself in the back yard. Juanette Quiroz came by to help in the afternoon and brought her friend, Francisco, who helped with the heavy work and also trimmed the neighbor's tree branches overhanging the project area.

Then in August the crew took almost 11 hours to dig 7 fence post holes, mix cement, and install about 60 feet

of vinyl fencing. Members had to remove some red ginger plantings, and struggle with digging several holes, as they contained large rocks and concrete post foundations from an old fence removed several years before. Although Sunny Young could not help that day, he loaned the crew his mud gun, without which they couldn't have been able to complete the job. Ethel and Bev wiped and cleaned all the vinyl fence parts, which accumulated dirt and grime after being stored at Phil's yard for several months, and helped Wayne Kim who had to cut all the fence pickets. Dick Wong did much of the cement mixing, with Eddie, Dan, Wayne assisting. Meanwhile Eddie, Wayne and Phil took turns digging holes, while Dan was busy overseeing the work, doing measurements, installing posts, railings and pickets.

The "Crew" has put in a great amount of time and work for the club and deserves a great MAHALO, for their sacrifice and hard work. ▼

HAPPENINGS

September

13 Club Meeting
 Kalihi YMCA, 6:00 p.m.
 Dinner hosts: Eddie, Dan,
 Ethel and Wayne

October

02 Chicken Sale
 Kalihi YMCA

CELEBRATIONS

Happy Birthday!

September

11 Bianca Kusatsu
17 Mei-Chih Chun
19 Sunny Young

Happy Anniversary!

August

28 Dan & Ethel Takamatsu

Today's Thoughts

Personal growth is a process of trial and error. Each day we have the opportunity to learn lessons. There are no mistakes in life, just lessons designed to make us better, not bitter. We may like the lessons and learn from them, or think them stupid or irrelevant. Too many of us drop out of the game of life because of the idea that a "winner" is someone who never loses, when in fact, all of our "failed" experiments are as much a part of the process as the experiments that ultimately "works" for us.

From *Ain't Life an Artichoke*,
 by Linda Andrade Wheeler

Casino Night Brings Out Y Fitness Members

Erin Berhmen, the Kalihi YMCA's Fitness Director, not only designed this year's Casino Night Flyer, but distributed the flyers in the Y building. This resulted in 5 members participating in the Kalihi Y's Men's and Women's Club Annual Casino Night. They were Donna Yap and mother Mrs. Ted Yap, Lan Tu, Joyce Kobayashi and friend Lori, Sandi Vegas and Felicia Perells. Following a great pot luck dinner, including great chili cooked by Charlee Malott's husband, Bert, about 30 participants, including Brad and Sharon Ishida from the Kaimuki Club, and Maurice Shimonishi from the Nuuanu Club, and Duke and Linda Chung from the West Oahu Club, tried their luck at the craps table, managed by Dick Wong, Dan Takamatsu's roulette table, and Tony Pfaltzgraff's poker table. Also attending were retired Y staff member Diana Bunny and husband Bart, and Kalihi Y staffers Sharon Akamu, Dawn Napuunoa and Robin Oania.



At the roulette table, Dan Takamatsu pulls out more chips to pay off players (center to left) Lan Tu, Joyce Kobayashi and friend Lori.

Other members attending were President Juanette Quiroz, Erin Berhman, Phil and Mei-Chih Chun, Eddie Miwa, Dan and Ethel Takamatsu, Wayne and Marjorie Kim, Tony Pfaltzgraff and Charlene Young, and Bev and Dick Wong.

Following the games, Tony Pfaltzgraff and former member Gary Ogata (who brought along a shave ice machine and

ingredients), served as auctioneers and led a sometimes spirited auction. There were some great items donated, including orchid plants grown by Tony, a coffee machine, hand sown rugs by Bev Wong, goodie bags, a Y sports shirt, a bottle of wine, and a children's book set.

The event raised \$609 this year, down slightly from last year. ▼

laugh a little, live longer

Dear Dr. Laura...

Dr. Laura Schlessinger is a radio personality who dispenses advice to people who call in to her radio show. Recently she said that, as an observant Orthodox Jew, homosexuality is an abomination according to *Leviticus* 18:22 and cannot be condoned under any circumstance. The following is an open letter to Dr. Laura penned by an east coast resident, which was posted on the internet. It's funny, as well as informative.



Dear Dr. Laura,

Thank you for doing so much to educate people regarding God's Law. I have learned a great deal from your show, and try to share that knowledge with as many people as I can. When someone tries to defend the homosexual lifestyle, for example, I simply remind them that *Leviticus* 18:22 clearly states it to be an abomination.

I do need some advice from you, however regarding some of the other specific laws and how to follow them:

When I burn a bull on the altar as sacrifice, I know it creates a pleasing odor for the Lord (*Lev* 1:9). The problem is my neighbors. They claim the odor is not pleasing to them. Should I smite them?

I would like to sell my daughter into slavery, as sanctioned in *Exodus* 21:7. In this day and age, what do you think is a fair price for her?

I know that I am allowed no contact with a woman while she is in her period of menstrual uncleanness (*Lev.* 15:19-24). The problem is how do I tell? I have tried asking but most women take offense.

Leviticus 25:44 states that I may indeed possess slaves, both male and female, provided they are purchased from neighboring nations. A friend of mine claims that this applies to Mexicans, but not Canadians. Can you clarify? Why can't I own Canadians?

(Continued on page 3)

Here's to Your Health!

Bacteria thrive in reusable shopping bags. Half of the reusable bags in a recent study had bacterial growth, and 12% contained *E. Coli* bacteria, which can cause severe intestinal illness. Self defense: Wash the bags with soap and water. Do not carry raw foods, such as meats and produce, in reusable bags. Do not leave the empty bags in a warm car. Bacterial counts rise significantly in just two hours.

Charles Gerba, PhD, professor, department of soil, water and environmental science, University of Arizona.





Kalihi YMCA NEWS

by Tony Pfaltzgraff

Following a busy summer, our childcare staff is now fully engaged in running A+ programs at five sites: Lanakila, Kaewai, Puuhale, Alvah Scott and Pearlridge elementary schools. It is somewhat surprising that enrollment is ahead of last year's pace, but we are gratified that is the case. A very positive element for all public school students for 2010–2011 is the elimination of all furlough days. Without question, this was one of the most negative things that students have ever had to contend

with. It certainly cost the Kalihi Y and other Y Branches substantial revenue due to the lost days last year.

As was reported at our August club meeting, the YUSA has launched a "rebranding" initiative across the country. It's clear that over the last 25 years, many if not most Ys have focused their efforts on generating revenue through sale of fitness memberships. This has been a strategy that has helped Ys be financially stronger, but it has also moved many Ys away from also focusing on cause-driven programming. Those of us who work at Kalihi Y are gratified that the work this Branch has done for over almost 65 years, whether that work is childcare or teens, is now back at the heart of the Y movement. ▼

Dr. Laura *(Continued from page 2)*

I have a neighbor who insists on working on the Sabbath. *Exodus 35:2* clearly states he should be put to death. Am I morally obligated to kill him myself?

A friend of mine feels that even though eating shellfish is an abomination (*Leviticus 11:10*), it is a lesser abomination than homosexuality. I don't agree. Can you settle this?

Leviticus 21:20 states that I may not approach the altar of God if I have defect in my sight. I have to admit that I wear reading glasses. Does my vision have to be 20/20, or is there some wiggle room here?

Most of my friends get their hair trimmed, including the hair around their temples, even though this is expressly forbidden by *Leviticus 19:27*. How should they die?

I know from Leviticus 11:6-8 that touching the skin of a dead pig makes me unclean, but may I still play football if I wear gloves?

My uncle has a farm. He violates Lev. 19:19 by planting two different crops in the same field, as does his wife by wearing garments made of two different kinds of thread (cotton/polyester blend). He also tends to curse and blaspheme a lot. Is it really necessary that we go to all the trouble of getting the whole town together to stone them?

Leviticus 24:10-16. Couldn't we just burn them to death at a private family affair like we do with people who sleep with their in-laws? (*Lev. 20:14*)

I know you have studied these things extensively, so I am confident you can help. Thank you again for reminding us that God's word is eternal and unchanging.

Your devoted fan,

Jim

Regional News

Much thanks to Duke Chung of the West Oahu Club for his dedication to Y's Dom. He again has volunteered to be the chairman of the Regional Convention Planning Committee. Mahalo to the Hilo Y's Men's club for agreeing to host the 2010 Convention



Duke Chung

in Hilo. The convention is scheduled for May 20–22, returning to a 3-day format, and will be held at the Hilo Hawaiian Hotel. On tap is a tour to the volcano, downtown Hilo, and the Imiloa Astronomy Center.



We regret to announce the passing of one of the Region's long time leaders, Benjamin Inouye of the Hilo Club.

Metro District News

Newly appointed District Governor, John Putz resigned his position as he has relocated to Phoenix, Arizona. Sworn in as his replacement was Bill Stone, Windward YMCA Executive Director, and Windward Y's Man, at the District Council's first meeting on July 1.



Bill Stone

The following meeting dates were set for the coming year:

- SEPT. 15** Kaimuki Club hosts
- NOV. 20** Held in conjunction with the Hawaiian Region Mid Year Meeting
- JAN. 5** West Oahu Club hosts
- APR 6** Central Club Hosts
- DEC 11** District Christmas Party, at Kalihi YMCA

**DON'T FORGET—SEPTEMBER
FOODLAND GIVE ALOHA
PLEASE DONATE!**



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CASINO NIGHT 2010 August 14, Kalihi YMCA

Clockwise from right: Robin Oania and Maurice Shimonishi try their luck at poker; Pres. Juanette Quiroz and VP Erin Berhman; Charlee & Bert Malott; Donna Yap and Marjorie Kim; Eddie Miwa and Mei-Chih & Phil Chun; Paulette Ogata, Bart Bunny and Bev Wong; Tony Pfaltzgraft auctioning off a gift basket; Lan Tu and Sharon Ishida at the roulette table; and at the craps table are (from left) Dick Wong, Charlene Young, Linda Chung, Bart Bunny and Bert Malott.

